

# Bachelor of Science in Kinesiology - 10KY0351BS

Name \_\_\_\_\_

UIN \_\_\_\_\_

**University General Education Requirements (49 hrs.)**

Composition I/Speech Communication (6-7 hrs.)

\*RHET 105 + CMN 101 (7 hrs.) \_\_\_\_\_  
 CMN 111 + CMN 112 (6 hrs.) \_\_\_\_\_

University Advanced Composition (3 hrs.)

KIN 340 (3 hrs.) \_\_\_\_\_

Foreign Language:

3 yrs. of single language in HS or 3<sup>rd</sup> level in college

Quantitative Reasoning I and II(6 hrs.)

\_\_\_\_\_ (3 hrs.) \_\_\_\_\_  
 \_\_\_\_\_ (3 hrs.) \_\_\_\_\_

Humanities & Arts (if doubled up with  
 \*\*W/NW cultural studies) (6 hrs.)

\_\_\_\_\_ (3 hrs.) \_\_\_\_\_  
 \_\_\_\_\_ (3 hrs.) \_\_\_\_\_

U.S. Minority Cultures\*\*\*

\_\_\_\_\_ (3 hrs.) \_\_\_\_\_

Social & Behavioral Science (6 hrs.)

KIN 140 (3 hrs.) \_\_\_\_\_  
 KIN 259 (3 hrs.) \_\_\_\_\_

Natural Science & Technology (6 hrs.)

KIN 150 (3 hrs.) \_\_\_\_\_  
 Physical science \_\_\_\_\_ (3 hrs.) \_\_\_\_\_

**Departmental Requirements (10 hrs.)**

Anatomy & Physiology I and II

MCB 244/245 (5 hrs.) \_\_\_\_\_  
 MCB 246/247 (5 hrs.) \_\_\_\_\_

**Kinesiology Core Requirements (22 hrs.)**

KIN 125 (1 hr.) Intro Kines & Community Health \_\_\_\_\_  
 KIN 140 (3 hrs.) Social Sci of Human Movement \_\_\_\_\_  
 KIN 150 (3 hrs.) Bioscience of Human Movement \_\_\_\_\_  
 KIN 201 (3 hrs.) Phys Act Research Meas & Meth \_\_\_\_\_  
 KIN 259 (3 hrs.) Motor Development and Control \_\_\_\_\_  
 KIN 340 (3 hrs.) Soc & Psyc of Phys Activity \_\_\_\_\_  
 KIN 352 (3 hrs.) Bioenergetics of Movement \_\_\_\_\_  
 KIN 355 (3 hrs.) Biomechanics of Human Movement \_\_\_\_\_

**Kinesiology & Community Health Core (6 hrs.)**

KIN 122 (3 hrs.) Physical Activity & Health \_\_\_\_\_  
 CHLH 101 (3 hrs.) Intro to Public Health \_\_\_\_\_

**Kinesiology Electives (12 hrs. min.)**

KIN 2\_\_\_\_, 3\_\_\_\_ or 4\_\_\_\_(3 hrs.) \_\_\_\_\_  
 KIN 2\_\_\_\_, 3\_\_\_\_ or 4\_\_\_\_(3 hrs.) \_\_\_\_\_  
 KIN 4\_\_\_\_ (3 hrs.) \_\_\_\_\_  
 KIN 4\_\_\_\_ (3 hrs.) \_\_\_\_\_

**Kinesiology Correlate (18 hrs. min.)**

*Courses could include pre-requisites for graduate school or those applicable to your career interest.*

\_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_

**Free Electives**

\_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_  
 \_\_\_\_\_ ( hrs.) \_\_\_\_\_

**Total hours required to graduate: 128 hrs.**

- ✓ Campus general education list – <http://go.illinois.edu/courseexplorer>
- ✓ Residency requirement – 60 hrs.
- ✓ Advanced hour requirement – 21 hrs.
- ✓ Course descriptions can be found at <http://go.illinois.edu/courseexplorer>

\*Could be fulfilled with combination of RHET 101/102 or 103/104

\*\*Students are required to have one NW cultures and one W cultures course in order to graduate.

\*\*\*Students are required to have one U.S. Minority cultures course in order to graduate.