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# Careers in Kinesiology

Kinesiology is an academic discipline which involves the study of physical activity and its impact on health, society, and quality of life. Upon graduating from our program, students may pursue a wide variety of careers such as those listed below (some careers require advanced degrees).

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Aerobics Instructor

Fitness Specialist

Fitness Instructor

Corporate Fitness Instructor

Group Exercise Instructor

Pilates Instructor

Exercise Physiologist

Corporate Wellness Manager

Personal Trainer

Yoga Instructor

Weight Training Instructor

Sports Massage Therapist

Exercise Program Director

Healthcare Professions:

- ◆ Chiropractor
- ◆ Occupational Therapist
- ◆ Physical Therapist
- ◆ Physician Assistant
- ◆ Respiratory Therapist
- ◆ Exercise Physiologist Nurse
- ◆ Physician
- ◆ Certified Orthotist
- ◆ Certified Prosthetist
- ◆ Recreation Therapist
- ◆ Rehabilitation Therapist
- ◆ Athletic Trainer
- ◆ Cardiac Rehabilitation Therapist

Coach/Scout

Umpire/Referee

Athletic Director

Sports Administration

Sports Psychologist

Fund Raiser, pro sports

Conditioning & Strength Coach

Exercise Testing Technician

Clinical Exercise Specialist

Recreation and Fitness Worker

Performance Enhancement Specialist

Nutritionist

Intramural Sports Director

Athletic Product Development:

- ◆ Sporting Attire Manufacturers Consultant
- ◆ Running Shoes Consultant
- ◆ Sporting Equipment Consultant
- ◆ Ergonomic Researcher/Designer
- ◆ Designer of Sports & Fitness Equipment
- Pharmaceutical Sales
- Sales Representative—Publishing Co.
- Camp Owner/Director
- Outward Bound Instructor
- Health Educator
- Physical Education Teacher
- Researcher
- Professor
- Academic Counselor
- Dance/Movement Therapist

*Please visit the Kinesiology Advising website at <http://www.kch.illinois.edu/kines-undergrad-advising> for more information.*

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# Where Can I Work?

Kinesiology graduates are employed in a variety of work settings. Here are some examples!

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Sports Teams  
Corporate Fitness  
Rehabilitation Clinics  
Health & Fitness Clubs  
Hospitals & Clinics  
Sports Arenas  
Campus Recreation Departments  
Senior Living Centers  
Colleges & Universities  
US Olympic Training Center  
Health Departments  
YMCAs  
Veterans Affairs  
Peace Corps  
Non-Profit Organizations  
Country Clubs  
Hotels & Resorts  
Government  
Health Food Stores  
K-12 Schools  
Sports Museums  
National Institute of Health

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