



Career Paths in Kinesiology

Because Kinesiology is the study of human movement, students who major in Kinesiology gain insight into how physical activity affects health, and in turn, society and quality of life. They understand how the musculoskeletal system interacts with and impacts all other systems of the body and influences an individual's psychological health and wellness. Graduates go on to a variety of professions, both inside and outside the health care field. Here are just a few examples:

- **Aerobics Instructor**
- **Athletic Director**
- **Athletic Scout**
- **Athletic Trainer**
- **Camp Owner/Director**
- **Cardiac Rehabilitation Therapist**
- **Certified Orthotist**
- **Certified Prosthetist**
- **Chiropractor**
- **Clinical Exercise Specialist**
- **Coach**
- **Corporate Wellness Manager**
- **Epidemiologist**
- **Ergonomic Researcher/Designer**
- **Exercise Physiologist**
- **Exercise Physiology Nurse**
- **Exercise Program Director**
- **Fitness Instructor**
- **Fitness Specialist**
- **Health Educator**
- **Nutritionist**
- **Occupational Therapist**
- **Performance Enhancement Specialist**
- **Personal Trainer**
- **Pharmaceutical Sales Consultant**
- **Physical Education Teacher**
- **Physical Therapist**
- **Physician**
- **Physician Assistant**
- **Pro Sports Fundraiser**
- **Professor**
- **Recreation and Fitness Manager**
- **Recreation Therapist**
- **Rehabilitation Therapist**
- **Researcher**
- **Respiratory Therapist**
- **Sporting Attire Manufacturer's Consultant**
- **Sports & Fitness Equipment Designer**
- **Sports Administration**
- **Sports Massage Therapist**
- **Sport Psychologist**
- **Strength & Conditioning Coach**
- **Umpire/Referee**

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