

Sandraluz Lara-Cinisomo

University of Illinois at Urbana-Champaign
College of Applied Health Sciences
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EDUCATION

- Ph.D. 2002 Psychology Columbia University, New York, NY
- Ed.M. 1995 Human Development Harvard University, Cambridge, MA
- B.A. 1993 Child Development California State University at Northridge, Northridge, CA

PROFESSIONAL EXPERIENCE

- 2015-Present Assistant Professor, University of Illinois at Urbana-Champaign, College of Applied Health Sciences, Department of Kinesiology and Community Health
- 2012-2015 Research Fellow in Biomedical Research, University of North Carolina at Chapel Hill, School of Medicine, Department of Psychiatry
- 2009-2012 Assistant Professor, University of North Carolina at Charlotte Department of Special Education and Child Development
- 2007-2009 Adjunct Faculty, Pardee RAND Graduate School, Los Angeles, CA
- 2007-2009 Behavioral Scientist, RAND Corporation, Pittsburgh, PA
- 2005-2007 Adjunct Faculty, Carnegie Mellon University, Heinz School of Public Health, Pittsburgh, PA
- 2002-2007 Associate Behavioral Scientist, RAND Corporation, Pittsburgh, PA
- 1997-2000 Research Assistant, Barnard College, NY, NY
- 1996-2002 Research Fellow, National Center for Children and Families, Columbia University, NY
- 1993-1994 Elementary School Teacher, Los Angeles Unified School District, Los Angeles, CA

NONPROFIT EXPERIENCE

- 2009-2012 Board member, Mecklenburg Area Partnership for Primary-Care Research, Charlotte, NC
- 2000 Director and Co-Founder, Mexican Education (Mex-Ed) Foundation of New York, New York, NY

- 1999-2001 Maternal Mental Health Consultant, Medical and Health Research Association of New York, Inc., New York, NY
- 1996-1997 Latino Community Consultant, Committee for Hispanic Children and Families, Inc., New York, NY
- 1994 Director and Co-Founder, Latinos Encouraging Graduation among Latinos (LEGAL), Los Angeles, CA

PUBLICATIONS

Under Review

Lara-Cinisomo, S., Grewen, K., Girdler, S.S., Wood, J., & Meltzer-Brody, S. (revised and resubmitted). HPA axis response and pain sensitivity in Latinas: An exploratory study of postpartum depression and trauma histories.

Lara-Cinisomo, S., McKenney, K., Di Florio, A., & Meltzer-Brody, S. (revised and resubmitted). Associations between postpartum depression, breastfeeding and oxytocin levels in Latina mothers.

Lara-Cinisomo, S., Swinford, C., Massey, D., & Hardt, H. (under review). Diabetes, prenatal depression, and self-rated health in Latina mothers.

Lara-Cinisomo, S., Jian, Y., Oksas, C., & Dharmasankar, Shivani (under review). A pilot survey of migration, border crossing and fear of deportation in postpartum Latinas.

In Preparation

Lara-Cinisomo, S., Zhu, K., Fei, K., Bu, Y., Weston, A., & Ravat, U. (in preparation). Associations between maternal mood, lifetime trauma, infant bonding and oxytocin in Latina mothers

Lara-Cinisomo, S., Taylor, B., & Medina, A. (in preparation). Race and gender differences on reading proficiency: The impact of a summer reading program on low-income youth.

Books

Lara-Cinisomo, S. & Wisner, K.L. (Eds.) (2014). *Perinatal depression among Spanish-Speaking and Latin American Women: A Global perspective on detection and treatment*. Springer Publishing, NY: NY

Book Chapters

Lara-Cinisomo, S., Fuligni, A., & Karoly, L. (2011). Preparing preschoolers for kindergarten: A look at teacher beliefs. DeAnna M. Laverick and Mary Renck Jalongo, Eds. *Transitions to Early Care and Education: International Perspectives on Making Schools Ready for Young Children*, 4(2), 93-105. doi: 10.1007/978-94-007-0573-9_9

Refereed Journal Publications

Lara-Cinisomo, S., Girdler, S. S., Grewen, K., & Meltzer-Brody, S. (2016). A Biopsychosocial Conceptual Framework of Postpartum Depression Risk in Immigrant and U.S.-born Latina Mothers in the United States. *Women's Health Issues*, 26 (2016), 336-343. doi: 10.1016/j.whi.2016.02.006.

Lara-Cinisomo, S., Plott, J., Grewen, K., & Meltzer-Brody, S. (2016). The feasibility of recruiting and retaining depressed and non-depressed perinatal Latinas in biomedical research. *Journal of Immigrant and Minority Health*, 1-9. doi:10.1007/s10903-016-0391-5.

Wouk, K., **Lara-Cinisomo, S.** Stuebe, A., Poole, D., Petrick, J.L. & McKenney, K. (2016). Clinical Interventions to Promote Breastfeeding among Latinas: A Systematic Review and Meta-Analysis. *Pediatrics*, 137(1), 1.

Kimmel, M., **Lara-Cinisomo, S.,** Melvin, K., Di Florio, A., Brandon, A., & Meltzer-Brody, S (2016) Treatment of Severe Perinatal Mood Disorders on a Specialized Perinatal Psychiatry Inpatient Unit. *Archives of Women's Mental Health*, 1-9.

Lara-Cinisomo, S., Wisner, K.L., & Meltzer-Brody, S. (2015). Advances in science and biomedical research on postpartum depression do not include meaningful numbers of Latinas. *Journal of Immigrant and Minority Health*, 17 (6), 1593-1596.

Lara-Cinisomo, S., Wisner, K.L, Burns, R., & Gnecco-Chaves, D. (2014). Perinatal depression treatment pathway for Latinas. *Qualitative Health Research*, 24(2), 232-241. doi: 10.1177/1049732313519866

Lara-Cinisomo, S., Chandra, A., Burns, R.M., & Lau, J. (2013). Recommendations for Counselors and Community Service Providers Working with Military Families. *Primary Health Care*, 3, 139-144.

Lara-Cinisomo, S. & Thomas, A.A. (2013). A Qualitative Study of Maternal Perceptions of Acculturation Processes at the Onset of Child Schooling. *NHSA: Dialog*, 16(3), 127-141.

Howes, C., Fuligni, A. S., Hong, S. S., Huang, Y. D., & **Lara-Cinisomo, S.** (2013). The preschool instructional context and child-teacher relationships. *Early Education and Development*, 24(3), 273-291. doi:10.1080/10409289.2011.649664

Lara-Cinisomo, S., Xue, Y., & Brooks-Gunn, J. (2012). Latino youth's internalising behaviours: links to immigrant status and neighbourhood characteristics. *Ethnicity and Health*, 18(3), 315-35. doi: 10.1080/13557858.2012.734278

Chandra, A., **Lara-Cinisomo, S.,** Burns, R.M., & Griffin, B.A. (2012). Assessing Operation Purple: A Program Evaluation of a Summer Camp for Military Youth. Santa Monica, CA: RAND Corporation, http://www.rand.org/pubs/technical_reports/TR1243

Lara-Cinisomo, S. (2011). Ready, Set, Go: Review of a kindergarten transition video series for teachers, parents and children. *NHSA: Dialog*, 14(2), 79-88. doi: 10.1080/15240754.2011.560974

Lara-Cinisomo, S., Chandra, A, Jaycox L, Tanielian T, Burns R, Ruder, T., & Han, B. (2011). A mixed-method approach to understanding the experiences of non-deployed military caregivers. *Maternal and Child Health*, 16(2):374-84. doi: 10.1007/s10995-011-0772-2.

Chandra, A, **Lara-Cinisomo, S.**, Jaycox L, Tanielian T, Burns R, Ruder, T., & Han, B. (2011). Children on the homefront: The experience of children from military families. *Pediatrics*, 125(1):16-25. doi: 10.1542/peds.2009-1180

Chandra, A, **Lara-Cinisomo, S.**, Jaycox, L., Tanielian, T., Han, B., Burns R., & Ruder, T. (2011) *Views from the homefront: The experiences of youth and spouses from military families* (TR-913-NMFA). Santa Monica, Calif.: RAND Corporation. Retrieved from RAND Corporation http://www.rand.org/pubs/technical_reports/TR913.html

Lara-Cinisomo, S., Burke Beckjord, E., & Keyser, D.J. (2010). Mothers' perspectives on enhancing consumer engagement in behavioral health treatment for maternal depression, in Jennie Jacobs Kronenfeld (ed.) *The Impact of Demographics on Health and Health Care: Race, Ethnicity and Other Social Factors (Research in the Sociology of Health Care, Volume 28)*, Emerald Group Publishing Limited, pp.249-268

Lara-Cinisomo, S., Griffin, B.A. & Daugherty, L. (2009). Disparities in detection and treatment history among mothers with major depression in Los Angeles. *Women's Health Issues*, 19(4), 232-242. doi:10.1016/j.whi.2009.03.007

Lara-Cinisomo, S., Fuligni, A., Daugherty, L., Karoly, L. & Howes, C. (2009). A qualitative study of early childhood educators' beliefs about key preschool classroom experiences. *Early Childhood Research & Practice*, 11(1). Retrieved from <http://ecrp.uiuc.edu/v11n1/lara.html>

Fuligni, A.S., Howes, C., **Lara-Cinisomo, S.** & Karoly, L. (2009). Diverse pathways in early childhood professional development: An exploration of early educators in public preschools, private preschools, and family child care homes. *Early Education & Development*, 20(3), 507-526. doi: 10.1080/10409280902783483

Lara-Cinisomo, S., Fuligni, A., Ritchie, S., Karoly, L. & Howes, C. (2008). Getting ready for school: An examination of early educators' belief systems. *Early Childhood Education Journal*, 35(4), 343-349. doi:10.1007/s10643-007-0215-2

Keyser, D.J., Lakoski, J.M., **Lara-Cinisomo, S.**, Schultz, D.J., Williams, V.L., Zellers, D.F., & Pincus, H.A. (2008). Advancing institutional efforts to support research mentorship: A conceptual framework and self-assessment tool. *Academic Medicine*, 83(3), 217-225. doi: 10.1097/ACM.0b13e318163700a

Lara-Cinisomo, S. & Griffin, B.A. (2007). Factors associated with major depression among mothers in Los Angeles. *Women's Health Issues*, 17(5), 316-324. doi:10.1016/j.whi.2007.07.001

Lara-Cinisomo, S., Pebley, A.R., Vaiana, M. E & Maggio, E. (2004). *Are L.A.'s children ready for school?* Santa Monica, Calif.: RAND Corporation. Retrieved from RAND Corporation <http://www.rand.org/pubs/monographs/MG145.html>

Lara, S., McCabe, L., & Brooks-Gunn, J. (2000). From horizontal to vertical management styles: A qualitative look at Head Start staff strategies for addressing behavior problems. *Early Education and Development*, 11(3), 283-306. doi: 10.1207/s15566935eed1103_4

McCabe, L., Hernandez, M., **Lara, S.**, & Brooks-Gunn, J. (2000). Assessing preschoolers' self-Regulation in homes and classrooms: Lessons from the field. *Behavioral Disorders*, 26(1), 53-69.

Client Reports

Taylor, D. B. & **Lara-Cinisomo, S.** (2015). *Freedom School Partners Freedom School Reading Program Evaluation Report*. The Center for Adolescent Literacies at the University of North Carolina at Charlotte. Charlotte, N.C.

Taylor, D. B. & **Lara-Cinisomo, S.** (2013). *Freedom School Partners Freedom School Reading Program Evaluation Report*. The Center for Adolescent Literacies at the University of North Carolina at Charlotte. Charlotte, N.C.

Taylor, D. B. & **Lara-Cinisomo, S.** (2012). *The Children's Defense Fund Bennettsville, South Carolina Freedom School Reading Program Evaluation Report*. The Center for Adolescent Literacies at the University of North Carolina at Charlotte. Charlotte, N.C.

Miller, L.L., Rosker, B., Burns, R.M., Barnes-Proby, D., **Lara-Cinisomo, S.**, & West, T.R. (2011). *A new approach for assessing the needs of service members and their families* (MG-1124-OSD). Santa Monica, CA: RAND. Retrieved from RAND Corporation <http://www.rand.org/pubs/monographs/MG1124.html>

Miller, L.L., Tanielian, T., & **Lara-Cinisomo, S.** (2010). *Reintegrating Wounded Warriors: A Strategy for Assessing Health and Social Needs After the Return to Military or Civilian Life* (DRR-5102-OSD). National Defense Research Institute. Santa Monica, Calif.: RAND Corporation.

Lara-Cinisomo, S. & Steinberg, P. (2006). *Meeting Funder Compliance: A Case Study of Challenges, Time Spent and Dollars Invested* [Monograph]. Santa Monica, Calif.: RAND Corporation. Retrieved from RAND Corporation <http://www.rand.org/pubs/monographs/MG505.html>

Chyu, L., Pebley, A., & **Lara-Cinisomo, S.** (2005). *Patterns in Child Care Use for Preschoolers in Los Angeles County* (TR-116-FFLA). Santa Monica, Calif.: RAND Corporation. Retrieved from RAND Corporation http://www.rand.org/pubs/technical_reports/TR116.html

Published Peer-reviewed Abstracts

Lara-Cinisomo, S., Wisner, K., Burns, R. & Chaves-Gnecco, D. (2011). Understanding Postpartum Depression: A qualitative look at Hispanic women in The International Marce Society International Biennial General Scientific Meeting. *Archives of Women's Mental Health*, 14 (1), S1-S87.

PRESENTATIONS

Note: * denotes peer review, + denotes invited lecture or special prestige/recognition, # includes a student among the authors

National/International Presentations

***Lara-Cinisomo, S.** (April 2017). Results from the study of exposure to stress, postpartum mood, adverse life events, and hormonal function among Latinas. Southern Illinois University Medical School, Springfield, IL.

***Lara-Cinisomo, S.** (October 2016). Postpartum depression in Latinas: culture and faith. Keynote Address. Inland Empire Perinatal Mental Health Collaborative, Colton, CA.

- ⁺**Lara-Cinisomo, S.** (October 2016). Pain and HPA axis response to the cold pressor test in depressed and nondepressed postpartum Latinas. Columbia University Medical Center, New York, NY.
- ***Lara-Cinisomo, S.,** Di Florio, A., & Meltzer-Brody, S. (September 2016). Examining the Association between Trauma, Postpartum Depression, and Hormone Function in a Birth Cohort of Latinas. International Marcé Society, Melbourne, Australia.
- ***Lara-Cinisomo, S.,** Grewen, K., Girdler, S., Wood, J., & Meltzer-Brody, S. (September 2016). Pain sensitivity and HPA axis function in a birth cohort of depressed and healthy Latinas. International Marcé Society, Melbourne, Australia.
- ***Lara-Cinisomo, S.,** Grewen, K. McKenney, K, Di Florio, A., & Meltzer-Brody, S. (November 2015). PPD, Breastfeeding and Oxytocin Levels in Latinas: Exploring Shared Neuroendocrine Mechanisms. Biennial Perinatal Mental Health Meeting, Chicago, IL.
- *Kimmel, M.C., **Lara-Cinisomo, S.,** Melvin, K., Di Florio, A. & Meltzer-Brody, S. (November 2015). Treatment of severe perinatal psychotic mood disorders on specialized perinatal psychiatry inpatient unit. Biennial Perinatal Mental Health Meeting, Chicago, IL.
- ***Lara-Cinisomo, S.** (September 2014). Cultural and Contextual Predictors of PPD and Stress Reactivity in Immigrant Latina Mothers in the U.S. International Marcé Society for Perinatal Mental Health held in Swansea, Wales.
- ***Lara-Cinisomo, S.** (June 2014). Study of Exposure to stress, Postpartum mood, Adverse life events, and Hormonal function among Latinas. Postpartum Support International, Chapel Hill, NC.
- ***Lara-Cinisomo, S.** (November 2013). *Perinatal Mental Health in Latinas*. Chair, Perinatal Mental Health Meeting, Chicago, IL
- ***Lara-Cinisomo, S.** (June 2012). *Social Support Training & Latina Moms' Workshop*. Paper presented at Postpartum Support International Perinatal Mood and Anxiety Disorders Training. Las Vegas, NV.
- ***Lara-Cinisomo, S.,** Wisner, K., Burns, R., & Gnecco-Chaves, D. (October 2010). *Hispanic Women's View of Antenatal Depression*. Paper presented at Marcé Society, Pittsburgh, PA.
- ***Lara-Cinisomo, S.,** Chandra, A., Burns, R., Jaycox, L., Tanielian, T, Ruder, T. & Han, B. (June 2010). *Deployment-related experiences of military home caregivers*. Poster presented at AcademyHealth National Conference, Boston, MA.
- ***Lara-Cinisomo, S.,** Chandra, A., Burns, R., Jaycox, L., Tanielian, T, Ruder, T. & Han, B. (June 2010). *Deployment-related experiences of military home caregivers*. Poster presented at AcademyHealth National Conference, Boston, MA.
- ***Lara-Cinisomo, S.,** Wisner, K., Burns, R. & Chaves-Gnecco, D. (June 2010). *Understanding Postpartum Depression Treatment Preferences among Hispanic Mothers*. Poster presented at AcademyHealth National Conference, Boston, MA.
- ⁺**Lara-Cinisomo, S.** (June 2010). *Invited presentation to address Barriers to Engagement*. Paper presented at the Pittsburgh Training Program for Perinatal Depression Screening. Pittsburgh, PA.

***Lara-Cinisomo, S.**, Karoly, L., Fuligni, A., & Howes, C. (June 2008). *Examining revenue and expenditures across three child care program types in Los Angeles*. Poster presented at the National Head Start Conference, Washington, DC.

*Fuligni, A., Howes, C., **Lara-Cinisomo, S.**, & Karoly, L. (June 2008). *School Readiness of English-Speaking and English-Learning Children: Links with Experiences in Early Learning Settings*. Poster presented at the Head Start Research Consortium, Washington, DC.

***Lara-Cinisomo, S.**, Fuligni, A., Karoly, L., & Ritchie, S. (March 2007). *Getting ready for school: A qualitative and quantitative exploration of early childhood educators' belief systems*. Poster presented at the Society for Research on Child Development, Boston, MA.

*Fuligni, A., Howes, C., Ritchie, S., **Lara-Cinisomo, S.**, & Karoly, L. (March 2007). *Learning Experiences in Preschool Programs for Low-Income Three-Year-Old Children: How Do Instructional Activities Promote Early School Readiness?* Poster presented at the Society for Research on Child Development, Boston, MA.

***Lara-Cinisomo, S.**, & Griffin, B.A. (June 2006). *Major Depression among Mothers: Disparities in Diagnoses and Treatment*. Paper presented at the AcademyHealth Annual Conference Seattle, WA.

***Lara-Cinisomo, S.**, Xue, Y., & Brooks-Gunn, J. (March 2006). *Children of Immigrants: Do Examining the Effects of Neighborhoods*. Poster presented at the Society for Research on Adolescence. San Francisco, CA.

***Lara-Cinisomo, S.** & Haviland, A. (April 2005). *Children of Immigrant Parents and Internalizing Behaviors: Do Neighborhoods Matter*. Poster presented at the Society for Research on Child Development. Atlanta, GA.

***Lara-Cinisomo, S.**, & Griffin, B.A. (March 2004). *Race and Ethnic Disparities in Depression among Mothers in Los Angeles: Individual, Family, and Neighborhood Effects*. Poster presented at the Population Association of America. Boston, MA.

+**Lara, S.** (March 2001). *Immigrant Mental Health: Strategies for Adjustment*. Paper presented in Puebla, Mexico.

***Lara, S.** & Smith, R. (August 1999). *Gendered task, concrete talk, and school outcomes*. Paper presented at the American Sociological Association, Chicago, IL.

State/Regional Presentations

+**Lara-Cinisomo, S.** (March 2016). *Pain and HPA axis response to the cold pressor test in depressed and nondepressed postpartum Latinas*. Invited Lecture, National Institute of Health T32 Fellows Seminar Series, University of North Carolina at Chapel Hill, Chapel Hill, NC.

#Weston, A., Massey, D. & **Lara-Cinisomo, S.** (senior author) (April 2016). *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*. Public Engagement Forum, University of Illinois at Urbana-Champaign, Champaign, IL.

#Weston, A., Massey, D. & **Lara-Cinisomo, S.** (senior author) (April 2016). *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*. Kinesiology

and Community Health Department Awards Ceremony, University of Illinois at Urbana-Champaign, Champaign, IL.

#Swinford, C., Hardt, H., Massey, D., & **Lara-Cinisomo, S.** (senior author) (April 2016). *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*. Public Engagement Forum, University of Illinois at Urbana-Champaign, Champaign, IL.

#Swinford, C., Hardt, H., Massey, D., & **Lara-Cinisomo, S.** (senior author) (April 2016). *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*. Kinesiology and Community Health Department Awards Ceremony, University of Illinois at Urbana-Champaign, Champaign, IL.

+**Lara-Cinisomo, S.** (November 2014). Invited Lecture: *The effects of deployment and military children and caregivers*. The ProBono Counseling Project. Baltimore, MD.

+**Lara-Cinisomo, S.** (February 2013). *Coping strategies and mental health treatment preferences among perinatal Latinas*. Invited presentation at “Y Ahora Que? 2013- Latino Behavioral Health Conference. Chapel Hill, NC.

+**Lara-Cinisomo, S.** (March 2011). *Preparing Teachers for Research with Children of Poverty*. Invited presentation at Francis Marion University, Florence, SC.

Lara-Cinisomo, S. (March 2010). *Where Children Learn*. Presentation at the Annual Child and Family Development Conference, Charlotte, NC.

+**Lara-Cinisomo, S.**, & Karoly, L. (January 2006). *Finances and Child Care Practices: A look at Family Based Providers*. Paper presented at the RAND-UCLA Forum, Santa Monica, CA.

***Lara, S.**, McCabe, L., Hernandez, M. & Brooks-Gunn, J. (June 1999). *Waiting, hitting, and listening: Head Start Teachers' and parents' perspectives on preschoolers' problematic behavior*. Poster Presented at the Qualitative Research Conference, New York, NY.

GRANTS AND CONTRACTS

National/International Grants

Sastry, N., & **Lara-Cinisomo, S.** Principal Investigators, *Research Supplements for Underrepresented Minorities*. National Institute of Child Health & Human Development, 2002 – 2008, \$446,836

Howes, C. (Principal Investigator; UCLA), **Lara-Cinisomo, S.** (Subcontract Principal Investigator; RAND Corp.), *Where They Learn: A Look at Los Angeles County Early Education Learning Centers*. National Institute of Child Health & Human Development, 2003 –2009, \$1,038,013

State/Local/Foundation Grants and Contracts

Lara-Cinisomo, S. Principal Investigator, *Mindfulness Training for Wounded Veteran Caregivers*. Chez Family Foundation Center for Wounded Veterans in Higher Education. Champaign, IL. 1/30/16-1/30/18. \$15,000+\$15,000 matched funds.

Taylor, D. B., & **Lara-Cinisomo, S.** *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading (Year 6)*. Freedom School Partners, Inc., Charlotte, NC. 5/1/15-8/15/15, \$38,010, funded.

Lara-Cinisomo, S., Principal Investigator, Meltzer-Brody, S., & Grewen, K. *Assessing the association between stressful life events, hormonal dysregulation, and postpartum depression among lactating Latina mothers: A pilot study*. Foundation of Hope for Research and Treatment of Mental Illness, 6/1/13-5/31/15, \$39,996

Lara-Cinisomo, S., Principal Investigator, Meltzer-Brody, S., & Grewen, K. *A laboratory-based pilot study of postpartum depressed and non-depressed Spanish-speaking Latinas*, The North Carolina Translational and Clinical Sciences (NC TraCS) Institute, 5/1/12-5/1/14, \$2,000

Taylor, B. & **Lara-Cinisomo, S.** Principal Investigators, *Evaluation of the Freedom School Programs*,[©] Freedom School Partners,[©] 6/1/12-12/1/12, \$25,000

Taylor, B. Principal Investigator, Medina, A. & **Lara-Cinisomo, S.**, Co-Principal Investigators, *Evaluation of the Freedom School Programs*[©], Freedom School Partners[©], 6/1/11-12/1/11, \$21,850

Chandra, A., Principal Investigator, **Lara-Cinisomo, S.**, Co-Principal Investigator, *An Assessment of Operation Purple Camp: Evaluating Effects Associated with Camp Participation*. National Military Family Association, 4/1/11-4/31/12, \$92,794

Chandra, A., Principal Investigator, **Lara-Cinisomo, S.**, Co-Principal Investigator, *Understanding the Impact of Deployment on Children and Families*. National Military Family Association, 5/1/08-4/30/11, \$1,601,497

Lara-Cinisomo, S., Principal Investigator, Wisner, K., Co-Principal Investigator, *Latina Postpartum Depression: Defining Terms and Treatment*. RAND-University of Pittsburgh Health Institute (RUPHI) and Magee-Women's Research Institute and Foundation (MWRIF), 2008-2009, \$25,000

Taylor, B. Principal Investigator, Medina, A. & **Lara-Cinisomo, S.**, Co-Principal Investigators, *Evaluation of the Freedom School Programs*[©], Freedom School Partners[©], 6/1/10-12/31/10, \$18,000

Taylor, B. Principal Investigator, Medina, A. & **Lara-Cinisomo, S.**, Co-Principal Investigators, *Evaluation of the Freedom School Programs*[©], Children's Defense Fund, 6/1/10-12/31/10, \$20,500

Lara-Cinisomo, S., Principal Investigator, *The Cost of Meeting Compliance: A Case Study of Challenges, Time Investments, and Dollars Spent*, The Forbes Fund, 2005-2006, \$10,000

University Grants

Lara-Cinisomo, S. Principal Investigator, Pain and Emotional Processing in Postpartum Depression. Office of the Vice Chancellor for Research, University of Illinois at Urbana-Champaign, 10/8/16-4/30/18, \$23,539

Lara-Cinisomo, S., Principal Investigator, *Employment Trajectories and Mental Health of Military Caregivers*. Faculty Research Grant, 6/1/11-6/1/12, \$4,000

TEACHING AND MENTORING EXPERIENCE

Courses Taught

- CHLH 393 Independent Undergraduate Research, Summer 2016, Fall 2016, Spring 2016
- CHLH 540 Health Behavior Theory – Fall 2015, Spring 2016, Fall 2016, Spring 2017
- CHLH 594 Health Disparities – Fall 2016
- CHFD 3115 An Ecological Approach to Learning and Development – Early Childhood to Pre-Adolescence: Fall 2009; Spring 2010; Summer 2010, Fall 2010; Spring 2011, Summer 2011, Fall 2011, Spring 2012, Summer 2012
- CHFD 6102 Learning and Development: Fall 2009; Spring 2010; Summer 2010; Fall 2010; Spring 2011; Summer 2011, Summer 2011, Fall 2011, Spring 2012, Summer 2012
- CHFD 7600 Seminar: Leadership in the Education of Children and Families: Spring 2011, Spring 2012

Curriculum and course development/redesign

- CHLH 594 Health Disparities
- CHFD 3115 An Ecological Approach to Learning and Development – Early Childhood to Pre-Adolescence
- CHFD 6102 Learning and Development
- CHFD 7600 Seminar: Leadership in the Education of Children and Families

Student Directed scholarship

- Summer 2016-Present Dissertation Chair, Ryan Santens, Doctoral candidate, Community Health, Expected graduation, May 2018.
- Fall 2016-Present thesis committee member, Angela Stellrecht, Masters of Science in Community Health, Expected graduation, August 2017.
- Fall 2016-Present Dissertation Committee member, Samia Ortiz, George Washington University, Doctoral Candidate, Expected graduation, spring 2018.
- Summer 2016 Summer Research Opportunity Program mentor, Abisola Smith, Psychology, undergraduate, Expected graduation, May 2017.
- Fall 2015-Sum 2016 Poster, *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*, Alexandria Weston, Masters in Public Health Candidate, Expected graduation, May 2017.

- Summer 2016 Poster, *Caring for our Heroes: Exploring effects on pre and post 9/11 veteran caregivers*. Summer Research Symposium (ISRS). University of Illinois at Urbana-Champaign. Expected graduation, May 2016.
- Summer 2016 Poster, *Connecting caregivers: the VetCareReST study resource guide*. Masters in Public Health Capstone Symposium. University of Illinois at Urbana-Champaign. Graduated August 2016.
- Fall 2015-Sum 2016 Poster, *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*, Claire Swinford, Masters in Public Health Candidate, Expected graduation, August 2016.
- Fall 2015-Spring 2016 Poster, *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*, Heidi Hardt, Masters in Public Health Candidate, Expected graduation, August 2016.
- Fall 2015-Spring 2016 Poster, *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*, Danielle Massey, Masters in Public Health Candidate, Expected graduation, August 2016.
- Fall 2011-2014 Lead Investigator, The University of North Carolina at Charlotte, Psychology Department Independent Study, Lisa Maloney; *The State of Latina Postpartum Depression*
- Fall 2010-2012 Lead Investigator, The University of North Carolina at Charlotte, Psychology Department Independent Study, Courtney Bedell; *Preschool Transition Practices; Maternal Mental Health and Employment*
- Spring 2011 Lead Investigator, The University of North Carolina at Charlotte, Psychology Department Independent Study, Katherine Helms; *Child care cost and outcomes*
- Fall 2010-2011 Chair, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, Meredith Jones; *Investigating English acquisition: English language learners' engagement in peer talk*
- Fall 2010-2011 Chair, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, LaToya Hedgspeth; *The Use of Time during Transition in the classroom*
- Summer 2010-2011 Chair, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, Yolanda Saxton; *Are Pre-Kindergarten Teachers Adequately Prepared to Work With Racially and Culturally Diverse Children*
- Fall 2010-Spring 2011 Member, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, Megan Porter; *The Frequency and Function of Touch during Routine Care and Unstructured Times in Infant Childcare Classrooms*
- Fall 2010-Spring 2011 Member, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, Tina Collop; *Effect of the Freeze Game on Inhibitory Control and Working Memory in Kindergarten Children*

Fall 2010-Spring 2011 Member, Student's Master's Degree Project Committee, The University of North Carolina at Charlotte, Angela Miller; *Fathers' Use of Social Supports*

Fall 2008-Fall 2009 Chair, Dissertation, Pardee RAND Graduate School, *Child Care Choices of Hispanic Families: Why Aren't Families Using Center Care?*

AWARDS AND HONORS

2017 National Research Mentoring Network-Southeast Training Hub at Morehouse School of Medicine, National Institute of Health Training Program

2016-2018 Program to Increase Diversity among Individuals Engaged in Health-related Research, National Institute of Health Training Program

2012-2014 National Institute of Health, Fellowship, MH093315 – “Postdoctoral Training in Reproductive Mood Disorders”; Drs. Girdler & Rubinow, PIs

2009-2011 National Institute of Health, Health Disparities Research Loan Repayment Program

2007-2009 National Institute of Health, Health Disparities Research Loan Repayment Program

2004-2006 National Institute of Health, Health Disparities Research Loan Repayment Program

1999 Hispanic Scholarship Fund, NY, NY

1999 MacArthur Network Travel Award, NY, NY

1998 Social Science Research Council, Pre-Dissertation Fellowship, NY, NY

1997-1998 National Hispanic Scholarship Fund, NY, NY

1996-2002 Minority Tuition Scholarship, Teachers College Columbia University, NY, NY

1995-1998 California State University Forgivable Loan Fellowship, Northridge, CA

SERVICE TO PROFESSION

Ad Hoc Journal Reviewer

BMC Psychiatry

Early Childhood Research Quarterly

Journal of Clinical Psychiatry

Journal of Immigrant and Minority Health

Journal of Women's Health

National Head Start Dialog

RAND Corporation Publications

Sexual & Reproductive Healthcare

Women's Health Issues

ACTIVE PROFESSIONAL MEMBERSHIPS

Perinatal Mental Health Society

Marcé International Society

American Psychological Association

International Association for Women's Mental Health

Current Office/Position

Perinatal Mental Health Society, Treasurer