

Sean P. Mullen
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I. PERSONAL HISTORY AND PROFESSIONAL EXPERIENCE

A. Educational Background

Richard Stockton College of New Jersey, Pomona, NJ, Psychology, BA, 2002
Villanova University, Villanova, PA, General-Experimental Psychology, MS, 2005
University of Virginia, Charlottesville, Education (Emphasis in Exercise Psychology) PhD, 2009

B. List of Academic Positions Since Final Degree

Adjunct Professor (2009), Villanova University, Psychology Department
Post-doctoral Fellow (2010-2012), University of Illinois, Department of Kinesiology & Community Health
Instructor (2010-2011), University of Illinois, Department of Kinesiology & Community Health
Assistant Professor (2012-present), University of Illinois, Department of Kinesiology & Community Health

C. Other Professional Employment

Instructor (2004-05), University of Virginia, Service Physical Education Program, Supervisor: Diane Whaley, PhD
Graduate Teaching Assistant (2004-06), University of Virginia, Department of Human Services, Supervisor: Diane Whaley, PhD
Co-Instructor (2006), James Madison University, Department of Kinesiology, Supervisor: Michael Golderberger, PhD
Data Analyst (2006-07), University of Virginia's Health System, Children's Fitness Clinic, Supervisor: Susan Cluett, FNP
Student Consultant (2008), University of Virginia, Information Technology & Communication, Supervisor: Lori Kressin
Assistant Director (2005-08), University of Virginia, Lifetime Physical Activity Program, Supervisor: Diane Whaley, PhD
Instructor (2008-09), University of Virginia, Lifetime Physical Activity Program, Supervisor: Diane Whaley, PhD

D. Honors, Recognitions, and Outstanding Achievements

Psi Chi, Richard Stockton College of NJ, 2001
Distinguished Graduate, Richard Stockton College of NJ, 2002

Education, Leadership, & Foundations Travel Award, 2007-2009
 CASTL Doctoral Research Award in Education Science, 2009
 Listed as “Teachers Ranked as Excellent by their Students”, FA’13, SP’14, FA’14, SP’15

E. Invited Lectures

1. Mullen, S. P. (October, 2014). *Exercise, Technology, & Cognition across the Lifespan*. UCLA’s Exercise and the Brain Symposium. Los Angeles, CA.
2. Mullen, S. P. (September, 2014). *Development of a Motion-Detection Device (MODD) for the Assessment and Training of Cognitive Functioning and Motor Control*. Health Care Simulation & Engineering Systems Center (HCSES) Symposium. University of Illinois U-C.
3. Mullen, S. P. (September, 2008). *Health & Exercise Psychology Keynote Panel*. Nominated to participate in panel discussion following keynote speaker’s address. Association of Applied Sport Psychology. St. Louis, MO.
4. Mullen, S. P. (October, 2007). *Why it’s so hard to change: an introspective on steroid use*. Presentation at the First “Coming Clean” Anti-Doping Congress: Drugs in Sport and Exercise Communities. Louisville, KY.

F. Offices Held in Professional Societies

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|-----------|--|
| 2006-2008 | Mid-Atlantic Regional Student Representative, AASP |
| 2008-2012 | Health & Exercise Psychology Committee, AASP |
| 2010- | Member, Physical Activity SIG, SBM |
| 2012- | Augmented Cognition Technical Group, HFES |
| 2013- | Member, SBM Technology SIG, SBM |
| 2014- | Member, Alternative & Integrative Medicine Special Interest Group, SBM |

G. Editorships of Journals or Other Learned Publications

None

H. Grants Received

H1. Active Grants

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| R21 RHL113410A1 (PI: Mullen; co-Is: A. Kramer, E. McAuley) | 7/1/12-6/30/15 |
| <i>National Heart, Lung, and Blood Institute</i> | \$411,236 |
| Cognitive regulation training and exercise | |
| No number (PI: Mullen) | 8/16/13-12/15/16 |
| <i>UIUC Center for Health, Aging, & Disability</i> | \$20,000 |
| Exergaming intervention for adults with mild cognitive impairment: a pilot study | |
| No number (Co-PI; PI: Aaron Johnson) | 8/16/14-12/15/15 |
| <i>UIUC Center for Health, Aging, & Disability</i> | \$20,000 |
| Technology-assisted vocal exercise for older adults | |

RB15229 (PI: Mullen; co-I: K. Wilund) 8/16/15-2/28/17
 UIUC Research Board \$23,078
Heat & **a**erobic **t**raining (HEAT) with pre-hypertensive middle-aged adults

No number (Consultant; PI: B. Wuencsche)
 Internal grant submitted to University Auckland's Science Faculty
 Immersive physiological active cognitive training (IMPACT)

H2. Completed Grants

No number (PI: Mullen) 2009-2010
 Center for Advanced Study of Teaching and Learning \$1000
 Factors involved in exercise identity development and maintenance

No number (PI: Mullen) 2008-2009
 Association for Applied Sport Psychology \$607.20
 Explaining parents' roles in children's physical activity

H3. Pending Grants

No number (Consultant; PI: J. Buckley)
 Health Research Council of New Zealand \$150,000
 Preventing hypertension with virtual reality exergaming: a feasibility study

1R01AG052707-01 (PI: Mullen)
 National Institute of Aging \$3.6M
 Cognitive regulation training and exercise (CORTEX)-II with middle-aged adults

II. PUBLICATIONS AND CREATIVE WORKS

Denotes any publication derived from the candidate's thesis

* Denotes publication that has undergone stringent editorial review by peers

+ Denotes publication that was invited and carries special prestige and recognition

A. Theses

1. Mullen, S. P. (2009). *Factors involved in the development and maintenance of exercise identity*. (Doctoral dissertation). Retrieved from ProQuest Dissertations and Theses. (Accession Order No. AAT 3400964)
2. Mullen, S. P. (2004). *The relationship between motivational orientation and physical activity self-definition*. Unpublished master's thesis. Villanova University, Villanova, PA.

B. Chapters in Books (in print or accepted)

1. **Mullen, S. P.**, Cohen, J., & Palac, D. (accepted). Physical activity and sedentary behavior. In S. R. Waldstein, M. F. Muldoon, J. M. Satterfield, D. H. Novack, & S. Cole

(Eds.), *Behavioral and social science in medicine: Principles and practice of biopsychosocial care*. NY: Springer.

2. **Mullen, S. P.**, Palac, D., & Bryant, L. (accepted). Maps to apps: Evaluation of wayfinding technology. In R. Hunter, L. Anderson, B. Belza, & S. Hooker (Eds.) *Community wayfinding: Pathways to understanding*. NY: Springer
3. McAuley, E., **Mullen, S. P.**, & Fanning, J. (accepted) Promoting physical activity behavior: Interventions and mediators. In E. B. Fisher, L. D. Cameron, A. J. Christensen, U. Ehlert, Y. Guo, B. Oldenburg, & F., Snoek (Eds.), *Principles and concepts of behavioral medicine: A global handbook*. NY: Springer.
4. McAuley, E., **Mullen, S. P.**, & Hillman, C. H. (2013). Physical activity, cardiorespiratory fitness, and cognition across the lifespan. In P. A. Hall (Ed.), *Social neuroscience and public health: foundations of an emerging discipline*. NY: Springer.

C. Articles in Journals (in print or accepted)

1. Massey, W. V., Meyer, B. B., & **Mullen, S. P.** (2015). Initial development and validation of the Processes of Change in Sport Questionnaire. *Psychology of Sport & Exercise*, 16(3), 79-87. doi:10.1016/j.psychsport.2014.09.009
2. Boudreax, E. D., Waring, M., Hayes, R., Sadasivam, R., **Mullen, S.**, & Pagoto, S. (2014). Evaluating and selecting mobile health apps: strategies for healthcare providers. *Translational Behavioral Medicine*, 4(4), 363-371. doi: 10.1007/s13142-014-0293-9
3. Buckley, J., Cohen, J., Kramer, A., McAuley, E., & **Mullen, S. P.** (2014). Cognitive control in the self-regulation of physical activity and sedentary behavior. *Frontiers in Human Neuroscience*, 8, 747. doi: 10.3389/fnhum.2014.00747
4. Olson, E. O., **Mullen, S. P.**, Rogers, L., Courneya, K., Verhulst, S., & McAuley, E. (in press). Meeting physical activity guidelines in rural breast cancer survivors. *American Journal of Health Behavior*, 38(6), 890-899. doi:http://dx.doi.org/10.5993/AJHB.38.6.11
5. Gothe, N. P., Fanning, J., Awick, E., Chung, D., Wójcicki, T. R., Olson, E. A., **Mullen, S.P.**, Voss, M., Erickson, K. I., Kramer, A. F., & McAuley, E. (2014). Executive function processes predict mobility outcomes in older adults. *Journal of the American Geriatric Society*. 62(2), 285-290. doi: 10.1111/jgs.12654 PMID: 24521364 PMCID: PMC3927159
6. Ensari, I., Motl, R., Sandroff, B. M., **Mullen, S.**, & McAuley, E. (2014). Pattern and predictors of change in depressive symptoms over 30 months in Multiple Sclerosis. *Multiple Sclerosis Journal*, 20(5), 602-609. doi: 10.1177/1352458513504251 PMID: 24067897
7. Mailey, E. L., Gothe, N. P., Wójcicki, T. R., Szabo, A. N., Olson, E. A., **Mullen, S. P.**, Fanning, J. T., Motl, R. W., & McAuley, E. (2014). Optimal interruption period and days of accelerometer monitoring in older adults. *Journal of Aging and Physical Activity*, 22(2), 255-260. doi: 10.1123/japa.2013-0021 PMID: 23752299 PMCID: PMC3875619
8. Motl, R. W., **Mullen, S. P.**, Suh, Y., & McAuley, E. (2014). Does physical activity change over 24 months in persons with relapsing-remitting multiple sclerosis? *Health Psychology*, 33(4), 326-333. doi:10.1037/a0032700
9. **Mullen, S. P.**, Wójcicki, T. R., Mailey, E. L., Szabo, A. S., Gothe, N. P., Olson, E. A., Fanning, J., Kramer, A., & McAuley, E. (2013). A profile for predicting attrition from

- exercise in older adults. *Prevention Science*, 14, 489-496. doi:10.1007/s11121-012-0325-y
10. McAuley, E., Wójcicki, T. R., Gothe, N., Olson, E. A., Szabo, A. N., Fanning, J., et al... **Mullen, S. P.** (2013). Effects of a DVD-delivered exercise intervention on physical function in older adults. *Journals of Gerontology: Medical Sciences*, 68(9), 1076-1082. doi:10.1093/gerona/glt014
 11. **Mullen, S. P.**, Gothe, N. P., & McAuley, E. (2013). Evaluation of the Rosenberg Self-Esteem Scale in Older Adults. *Personality & Individual Differences*, 54(2), 153-157. <http://dx.doi.org/10.1016/j.paid.2012.08.009>
 12. Fanning, J. T., **Mullen, S. P.**, & McAuley, E. (2012). Increasing physical activity with mobile devices: a meta-analysis. *Journal of Medical Internet Research*, 14(6), e161. doi:10.2196/jmir.2171
 13. Hyunkyu, L., Baniqued, P., Cosman, J., **Mullen, S.**, McAuley, E., Severson, J., & Kramer, A. F. (2012). Examining cognitive function across the lifespan using a mobile application. *Computers in Human Behavior*, 28(5), 1934-1946. doi:10.1016/j.chb.2012.05.013
 14. Mailey, E. L., **Mullen, S. P.**, Mojtahedi, M. C., Guest, D. D., Evans, E. M., Motl, R. W., McAuley, E. (2012). Unobserved mental health profiles are associated with weight and physical activity change in female college freshmen: a latent profile analysis. *Mental Health & Physical Activity*, 5, 76-84. doi:10.1016/j.mhpa.2012.01.001
 15. **Mullen, S. P.**, McAuley, E., Satariano, W. A., Kealey, M., & Prohaska, T. R. (2012). Physical activity and functional limitations in older adults: The influence of self-efficacy and functional performance. *Journals of Gerontology: Social Sciences*, 67B(3), 354-361. doi:10.1093/geronb/gbs036
 16. Motl, R. W., **Mullen, S.**, & McAuley, E. (2012). Multi-group measurement invariance of the Multiple Sclerosis Walking Scale-12. *Neurological Research*, 34(2), 149-152. doi: 10.1179/1743132811Y.00000000063
 17. McAuley, E., Wójcicki, T. R., White, S. M., Mailey, E. L., Szabo, A. N., Gothe, N., Olson, E. A., **Mullen, S. P.**, Motl, R. W., Rosengren, K., & Estabrooks, P. (2011). Physical activity, function, and quality of life: design and methods of the FlexToBa™ trial. *Contemporary Clinical Trials*, 33, 228-236. doi:10.1016/j.cct.2011.10.002
 18. **Mullen, S. P.**, Olson, E. A., White, S. M., Szabo, A. N., Wójcicki, T. R., . . . McAuley, E. (2011). Measurement of physical activity enjoyment in older adults: Invariance of the Physical Activity Enjoyment Scale (PACES) across group and time. *International Journal of Behavioral Nutrition and Physical Activity*, 8, 103. doi:10.1186/1479-5868-8-103
 19. # **Mullen, S. P.** (2011). Perceptions of change and certainty regarding self-as-exerciser: A multistudy report. *Journal of Sport & Exercise Psychology*, 33, 710-733. PMID:21984643
 20. McAuley, E., **Mullen, S. P.**, Szabo, A. N., White, S. M., Wójcicki, T. R., Mailey, E. L., . . . Kramer, A. F. (2011). Self-regulatory processes and exercise adherence in older adults: Executive function, self-efficacy, and strategy effects. *American Journal of Preventive Medicine*, 41(3), 284-290. doi:10.1016/j.amepre.2011.04.014
 21. Motl, R. W., McAuley, E., & **Mullen, S.** (2011). Longitudinal measurement invariance of the Multiple Sclerosis Walking Scale-12. *Journal of the Neurological Sciences*, 305, 75-79. doi:10.1016/j.jns.2011.03.008

22. McAuley, E., Szabo, A. N., Mailey, E., Erickson, K. I., Voss, M., White, S. M., Wójcicki, T. R., Gothe, N., Olson, E. A., **Mullen, S. P.**, & Kramer, A. F. (2011). Non-exercise estimated cardiorespiratory fitness: Associations with brain structure, cognition, and memory complaints in older adults. *Mental Health & Physical Activity*, 4(1), 5-11. doi:10.1016/j.mhpa.2011.01.001
23. Szabo, A.N., **Mullen, S.P.**, White, S.M., Wójcicki, T.R., Mailey, E.L., Gothe, N., . . . McAuley, E. (2011). Longitudinal invariance of the Abbreviated Late Life Function and Disability Instrument in Healthy Older Adults. *Archives of Physical Medicine and Rehabilitation*. 92(5), 785-791. doi:10.1016/j.apmr.2010.12.033
24. Gothe, N.P., **Mullen, S. P.**, Wójcicki, T. R., Mailey, E., White, S. M., Olson, E. A., . . . McAuley, E. (2011). Trajectories of change in self-esteem in older adults: exercise intervention effects. *Journal of Behavioral Medicine*, 34(4), 298-306. doi:10.1007/s10865-010-9312-6
25. McAuley, E., Mailey, E. L., **Mullen, S. P.**, Szabo, A.N., Wójcicki, T. R., White, S.M., . . . Kramer, A.F. (2011). Growth trajectories of exercise self-efficacy in older adults: Influence of measures and initial status. *Health Psychology*, 30(1), 75-83. doi: 10.1037/a0021567.
26. **Mullen, S. P.**, & Whaley, D. E. (2010). Age, gender, & fitness club membership: Factors related to involvement and adherence. *International Journal of Sport & Exercise Psychology*, 8, 24-35.

D. Abstracts (in print or accepted)

1. **Mullen, S. P.**, Cohen, J., Bullard, T., Erickson, K., Bherer, L., Kramer, A. F., & McAuley, E. (April, 2015). CORTEX: A randomized controlled trial to test cognitive training effects on 4-mo exercise adherence. Paper presented at the *Annual Meeting for the Society for Behavioral Medicine*. San Antonio, TX. Abstract retrieved from: <http://www.sbm.org/UserFiles/file/SBM2015FinalProgram.pdf>
2. Bullard, T., Banducci, S., Cohen, J., Palac, D., Erickson, K., Bherer, L., Kramer, A. F., McAuley, E., & **Mullen, S. P.** (April, 2015). Effects on cognitive functioning from 20-hr training: Secondary outcomes from the CORTEX trial. Paper presented at the *Annual Meeting for the Society for Behavioral Medicine*. San Antonio, TX. Abstract retrieved from: <http://www.sbm.org/UserFiles/file/SBM2015FinalProgram.pdf>
3. Cohen, J., Bullard, T., Palac, D., & **Mullen, S. P.** (April, 2015). Physical and cognitive benefits associated with exercise and sauna use. Poster presented at the *Annual Meeting for the Society for Behavioral Medicine*. San Antonio, TX. Abstract retrieved from: <http://www.sbm.org/UserFiles/file/SBM2015FinalProgram.pdf>
4. **Mullen, S.**, Bullard, T., Cohen, J., Palac, D., Hua, A., Johnson, A., & Mudar, R. (March, 2015). A comparison of traditional and tablet-delivered Trails A&B in Three Samples. Poster presented at the *Annual meeting for the Cognitive Neuroscience Society*. San Francisco, CA. Abstract B48 Retrieved from: https://www.cogneurosociety.org/wordpress/wp-content/uploads/2015/03/CNS_2015_Program.pdf
5. Vandenberg, A. E., Belza, B., Logsdon, R. G., **Mullen, S.**, Hunter, R. H. (November, 2014). *Wayfinding technology for people with cognitive impairment: how effective, functional, usable, and useful?* Paper presented at the Annual Meeting for the

- Gerontological Society of America. Abstract #1070 retrieved from:
<https://www.geron.org/images/gsa/2014asm/gsa2014programbook.pdf>
6. Satariano, W., Maus, M., Hunter, R., Belza, B., Friedman, D. B., **Mullen, S.**, & Vandenberg, A. E. (November, 2014). *Wayfinding technologies: Older Adults*. Paper presented at the Annual Meeting for the Gerontological Society of America. Washington, DC. Abstract #1070 retrieved from:
<https://www.geron.org/images/gsa/2014asm/gsa2014programbook.pdf>
 7. **Mullen, S. P.**, McAuley, E., & Motl, E. (April, 2014). Symptomology profiles and predictors of change for adults with relapse-remitting multiple sclerosis across 30 months. *Annals of Behavioral Medicine*, 47, S217
 8. Massey, W., Meyer, B., & **Mullen, S.** (October, 2013). *Development of a Processes of Change measure for us in applied sport psychology settings*. Poster presented at the Association of Applied Sport Psychology. New Orleans, LA, 1, 67.
 9. Ensari, I., Motl, R., Sandroff, B. M., **Mullen, S.**, & McAuley, E. (May, 2013). *Pattern and predictors of change in depressive symptoms over 30 months in Multiple Sclerosis*. Poster presented at The Consortium of Multiple Sclerosis Centers, Annual Meeting. Orlando, FL. CG13
 10. Shaikh, A., Ritterband, L., Fair, A., Shen, B., & **Mullen, S.** (March, 2013). *Translational pipelines for evidence-based digital health*. *Annals of Behavioral Medicine*, 45, 3054.
 11. Gothe, N. P., **Mullen, S. P.**, & McAuley, E. (March, 2013). The effects of Yoga on cognition: a meta-analysis of chronic and acute yoga effects. *Annals of Behavioral Medicine*, 45, S138.
 12. Baniqued, P., Lee, H., Cosman, J., **Mullen, S. P.**, Severson, J., McAuley, E., Kramer, A. (April, 2012). *CrossFit: Forging mental and physical fitness for optimal cognitive function across the lifespan*. Paper presented at the Cognitive Aging Conference, Atlanta, GA.
 13. Fanning, J. T., **Mullen, S. P.**, & McAuley, E. (April, 2012). Increasing physical activity with mobile devices: a meta-analysis. *Annals of Behavioral Medicine*, 43, S273.
 14. **Mullen, S. P.**, Gross, A., Parisi, J., Rebok, G., & McAuley, E. (April, 2012). Physical function, cognition, and health-related quality of life among older adults from ACTIVE. *Annals of Behavioral Medicine*, 43, S24.
 15. **Mullen, S. P.**, Wójcicki, T. R., Mailey, E. L., Szabo, A. N., Gothe, N. P., Olson, E. A., et al., ... McAuley, E. (April, 2012). *A profile for predicting attrition from exercise in older adults*. *Annals of Behavioral Medicine*, 43, S120.
 16. Motl, R. W., **Mullen, S. P.**, Suh, Y., & McAuley, E. (April, 2012). *Does physical activity change over 24 months in persons with relapsing-remitting multiple sclerosis?* *Annals of Behavioral Medicine*, 43, S41.
 17. Olson, E. A., Wójcicki, T. R., Szabo, A. N., Mailey, E. L., **Mullen, S. P.**, Gothe, N. P., Fanning, J. T., & McAuley, E. (April, 2012). Advanced lower extremity function in older adults: Intervention effects. *Annals of Behavioral Medicine*, 43, S79.
 18. Olson, E. A., Szabo, A. N., **Mullen, S. P.**, McAuley, E. & Kramer, A. F. (November, 2011). *Pulse pressure, depression, physical function, and cognitive function in healthy older adults*. Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.
 19. McAuley, E., Wójcicki, T. R., White, S. M., Mailey, E. L., Szabo, A. N., Gothe, N., Olson, E. A., **Mullen, S. P.**, Fanning, J., Motl, R. W., Rosengren, K., Estabrooks, P.

- (October, 2011). *Physical activity, function, and quality of life: Design and methods of the FlexToBa™*. Poster presented at the Conference of HEPA, Amsterdam, Netherlands.
20. **Mullen, S. P.**, Mailey, E. L., White, S. M., Wójcicki, T. R., Szabo, A. N., Gothe, N. P., . . . McAuley, E. (April, 2011). Physical activity, self-efficacy, and functional limitations in older adults: a randomized control trial. *Annals of Behavioral Medicine*, *41*, S185.
 21. Fanning, J. T., **Mullen, S. P.**, Szabo, A. N., Erickson, K. I., Kramer, A. F., & McAuley, E. (April, 2011). Individual differences in fitness and memory response trajectories across a 12-month exercise trial. *Annals of Behavioral Medicine*, *41*, S226.
 22. Szabo, A. N. **Mullen, S. P.**, White, S. M., Wójcicki, T. R., Kramer, A., & McAuley, E. (April, 2011). Executive function, self-regulation, and self-efficacy effects on exercise adherence in older adults. *Annals of Behavioral Medicine*, *41*, S238.
 23. Mailey, E. L., **Mullen, S. P.**, Evans, E. M., Motl, R. W., & McAuley, E. (April, 2011). Differential patterns of mental health changes correspond to changes in physical activity in female college freshmen. *Annals of Behavioral Medicine*, *41*, S185.
 24. Gothe, N. P., **Mullen, S. P.**, Wójcicki, T. R., Mailey, E., White, S. M., Olson, E. A., . . . McAuley, E. (April, 2011). *Trajectories of self-esteem in older adults: exercise intervention effects*. *Annals of Behavioral Medicine*, *41*, S227.
 25. Szabo, A.N., **Mullen, S. P.**, McAuley, E. & Kramer, A.F. (March, 2011). *Self-regulatory processes and exercise adherence in older adults*. Poster presented at HABITS, Beckman Institute, Champaign, IL.
 26. **Mullen, S. P.** (October, 2010). *Parents' possible child selves*. Paper presented at the Association of Applied Sport Psychology conference. Providence, RI.
 27. **Mullen, S. P.**, & Whaley, D. E. (September, 2008). *Tracking identity profiles in young adult exercisers over 4 months*. Presented at the Association of Applied Sport Psychology conference. St. Louis, MO.
 28. **Mullen, S. P.** (September, 2008). *Building an online community for integrating knowledge about drug use in sport and exercise*. Presented as part of a symposium lecture series on "Action Taken Post-Congress" at the Association of Applied Sport Psychology. St. Louis, MO.
 29. Whaley, D. E., & **Mullen, S. P.** (September, 2008). *Sources of competence information used by adult exercisers*. Presented at the Association of Applied Sport Psychology conference. St. Louis, MO.
 30. **Mullen, S. P.**, & Whaley, D. E. (October, 2006). *(Re)Training the trainers: Spreading the gospel of exercise psychology to the fitness industry*. Presented at the Association of Applied Sport Psychology (AASP) conference. Miami, FL.
 31. Whaley, D. E., & **Mullen, S. P.** (May, 2005). *Obesity in rural America: The importance of place*. Presented at the 2nd Action on Obesity Summer (hosted by the Mayo Clinic). Representing the Association for Applied Sport Psychology, Rochester, MN.
 32. Whaley, D. E., & **Mullen, S. P.** (October, 2005). *An examination of self-determination theory in a community fitness facility*. Presented at the Association of Applied Sport Psychology (AASP) conference. Vancouver, Canada.
 33. **Mullen, S. P.**, & Kendzierski, D. A. (August, 2004). *Relationship between motivational orientation and physical activity self-definition*. Presented at the American Psychological Association (APA) conference: Division 47. Washington, DC.

E. Other: Scholarly Presentations (Not Listed Under Invited Lectures or In Print)

1. Mullen, S. P. (March, 2014). *Sauna use: Physical and cognitive benefits*. Presentation at the first Perfect Sweat Summit. San Francisco, CA.
2. Mullen, S. P. (March, 2013). *Time for a mental tune-up*. Workshop presented to UIUC student-athletes. Champaign, IL.
3. Mullen, S. P. (October, 2008). *Motivational strategies for maximizing lifetime tennis success*. Workshop presented to a youth tennis program sponsored by the Charlottesville Tennis Patrons Association, Charlottesville, VA.
4. Mullen, S. P. (April, 2007). *Taking it to the court*. Workshop presented to the University of Virginia's Women's Tennis Team. Charlottesville, VA.
5. Whaley, D.E., & **Mullen, S.P.** (April, 2006). *Maintaining physical activity: Self-perceptions and adherence*. Workshop presented to the Women's Health Project participants, James Madison University, Harrisonburg, VA.
6. Mullen, S. P. (March, 2006). *Eye-Toy Kinetic: How to integrate technology in physical education classes*. Presented to members of the Charlottesville Obesity Task Force. Charlottesville, VA.
7. Mullen, S. P. (February, 2006). *Psychological reaction to injury and psychological needs during rehabilitation*. Guest Lecture Series for EDHS 850, Seminar in Athletic Training. University of Virginia, Charlottesville, VA.
8. **Mullen, S. P.**, & Whaley, D. E. (June, 2005). *Being an effective leader and maximizing physical activity in others*. Workshop presented to the Charlottesville Summer Playground Program Staff, Charlottesville, VA.

III. RESIDENT INSTRUCTION

A. Summary of Instruction

1. Descriptive Data

KIN 122: Physical Activity and Health (3 credits)

KIN 247: Intro to Sport Psychology (3 credits)

KIN 385: Exper in Kinesiology Research (3 credits)

KIN 391: Special Projects (3 credits)

KIN 474: Technology-Driven Health Behavior Interventions (3 credits)

KIN 594: Special Topics: Latent Variable Modeling for Physical Activity Researchers (3 credits)

2. Supervision of Student Research

Graduate Student Supervision

Sung Wan Kang, Social Work, UIUC, Spring 2015- (Qualifying Paper Reviewer)

Jason Fanning, Kinesiology, UIUC, Spring 2015- (Dissertation Committee Member)

Andrew Hau, Kinesiology, UIUC, Fall 2014- (co-Supervisor)

Daniel Palac, Kinesiology, UIUC, Fall 2014- (Supervisor)

Tiffany Bullard, Kinesiology, UIUC, Fall 2014- (Supervisor)

Jason Cohen, Kinesiology, UIUC, Fall 2013- (Supervisor)

Matthew Wright, Kinesiology, UIUC, Fall 2012-Spring 2013 (Supervisor)

William Massey, PhD, Kinesiology, U Wisconsin-Milwaukee, 2013 (External Member)

Undergraduate Student Supervision

Cristian Guzman, IPS-Sport Psychology Major, SP 2014-

Michelle Hately, James Scholar, SP 2014

Kirsten Bork, James Scholar, SP 2014

Alyssa Neimark, James Scholar, FA 2013-SP 2014

Jeremy Shackett, James Scholar, SP 2013

Allie Osaba, James Scholar, SP 2012

2. Service to Disciplinary and Professional Societies or Associations**a. Editors of Journals or Other Publications**

2014-2015 Guest Associate Editor of *Frontiers in Human Neuroscience*

2015-present Associate Editor of *Psychology of Sport and Exercise*

b. Journal Reviewer

Annals of Behavioral Medicine, Brain, Behavior, & Immunity, BMC Public Health, Contemporary Clinical Trials, Disability & Rehabilitation, Emotion, Health Psychology, International Journal of Sport Psychology, International Journal of Sport & Exercise Psychology, Journal of Alternative & Complementary Medicine, Journal of Aging & Physical Activity, Journal of Aging Research, Journal of Gerontology, Journal of Health Communication, Journal of Medical Internet Research, Journal of Primary Prevention, Journal of Sport & Exercise Psychology, Journal of Sport, Exercise, and Performance Psychology, Measurement in Physical Education & Exercise Science, NeuroReport, PLoS One, Preventive Medicine, Psychology of Sport & Exercise, Quality of Life Research, Research Quarterly for Exercise and Sport, Sport, Exercise, & Performance Psychology, Translational Behavioral Medicine

d. Grant Reviewer

2012-2013 *Multiple Sclerosis Society*

e. Conference Reviewer

Society for Behavioral Medicine (abstracts, late-breaking abstracts, student awards)

f. Professional Society Membership

2002-2012 American Psychological Association (APA)

2003-2013 Association for Applied Sport Psychology (AASP)

2008-present Society for Behavioral Medicine (SBM)

2012-present Human Factors and Ergonomics Society (HFES)

2014-present Cognitive Neuroscience Society (CNS)

3. University/Campus Service

a. Department of Kinesiology and Community Health

FA 2013-SP 2014 Student Travel Grant Program

b. College of Applied Health Sciences

FA 2013-SP 2015 Elections and Credentials Committee

FA 2015-present Awards Committee (Appointed)

c. Campus

FA 2015-present Senate IT Committee