

# *Curriculum Vitae*

(Last updated May 10, 2017)

## **Linda Trinh, PhD, CSEP-CPT**

### **PERSONAL**

Professional Address: Department of Kinesiology and Community Health  
University of Illinois at Urbana-Champaign  
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### **CURRENT APPOINTMENT**

2015-Present-Assistant Professor, University of Illinois at Urbana-Champaign, College of Applied Health Sciences, Department of Kinesiology and Community Health

### **EDUCATION**

*University of Toronto, Toronto, Ontario, Canada*

*Degree: Post-Doctoral Fellow (2013-2015)*

*Research Area: Promoting Healthy Lifestyle Behaviors among Cancer Survivors*

*Mentor: Dr. Guy Faulkner, Faculty of Kinesiology and Physical Education*

*University of Alberta, Edmonton, Alberta, Canada*

*Degree: Doctor of Philosophy (PhD) (2013)*

*Dissertation: Physical Activity and Health in Kidney Cancer Survivors*

*Supervisor: Dr. Kerry Courneya, Faculty of Physical Education & Recreation*

*University of Victoria, Victoria, British Columbia, Canada*

*Degree: Master's of Arts (MA) (2007)*

*Thesis: Effects of a Peer-based Program on Physical Activity Levels among Female Adolescents: An Application of the Theory of Planned Behavior*

*Supervisor: Dr. Patti-Jean Naylor, School of Exercise Science, Physical & Health Education*

*Queen's University, Kingston, Ontario, Canada*

*Degree: Bachelor of Arts (BA) (2005)*

*Minor: Philosophy*

*Emphasis: Moral Philosophy and Ethics*

*Queen's University, Kingston, Ontario, Canada*

*Degree: Honours Bachelor of Physical and Health Education (BPHE) (2005)*

*Major: Physical and Health Education*

*Emphasis: Sport and Exercise Psychology*

## AWARDS AND ASSISTANTSHIPS

Year	Award	Agency	Amount
2017	CHAD Travel Fund (competitive)	The Center on Health, Aging, and Disability (CHAD) at the University of Illinois at Urbana-Champaign	\$1,000
2016	CHAD Travel Fund (competitive)	The Center on Health, Aging, and Disability (CHAD) at the University of Illinois at Urbana-Champaign	\$1,000
2016	Scholars' Travel Fund (competitive)	Campus Research Board at the University of Illinois at Urbana-Champaign	\$550
2014-2015	Kidney Cancer Research Network of Canada (KCRNC) Post-Doctoral Research Trainee Award	Canadian Institutes for Health Research (CIHR)	\$15,000
2014	CCSRI Travel Award (competitive)	Canadian Cancer Society Research Institute (CCSRI)	\$2,000
2012	J Gordin Kaplan Graduate Student Award	University of Alberta	\$1,300
2011-2012	Graduate Students' Association Professional Development Grant	University of Alberta	\$1,000
2009-2012	Full-time Doctoral Health Research Studentship	Alberta Innovates-Health Solutions (AIHS, formerly AHFMR)	\$30,000/annum
2007-2009	Graduate Research Assistantships	University of Alberta, Faculty of Physical Health & Recreation	\$20,000/annum
2009-2010	Queen Elizabeth II Doctoral Scholarship	University of Alberta	\$15,000 (awarded, but declined)
Year	Award	Agency	Amount
2008-2009	Queen Elizabeth II Doctoral Scholarship	University of Alberta	\$15,000

2005-2007	Graduate Assistantships	University of Victoria	\$15,000
2001-2002	Entrance Scholarship	Queen's University	\$3,000

## OVERVIEW OF RESEARCH PROGRAM

My research program is focused in the area of physical activity for cancer control and survivorship from a health and exercise psychology perspective. I am the Director of the Exercise Oncology Laboratory (EOL) where the central focus is the development of evidence-based and theoretically-driven physical activity and sedentary behavior interventions for cancer survivors. My main research interests include examining: a) the effects of physical activity in cancer survivors on symptom management (e.g., quality of life, fatigue, cognitive function) and health-related fitness outcomes (e.g., cardiorespiratory fitness, muscular strength/endurance, physical function); b) theory-based interventions for increasing physical activity and reducing sedentary behavior in cancer survivors through various modes of delivery including print material, face-to-face, and web-based technology; and c) profiling physical activity levels, patterns, and determinants in cancer survivors. My secondary line of research is a focus on sedentary behavior and establishing how these patterns (i.e., volume; bout length; breaks in sitting time) are related to physical and psychosocial health outcomes. *A key feature of my research is that it is transferable to other populations where reductions in sedentary behavior and physical activity promotion are of interest including healthy populations and other chronic-diseased populations.*

## RESEARCH GRANTS

1. Sabiston, C. M. (PI); Vallance, J., Ahmed, R., Brunet, J., Campbell, K., Courneya, K. S., Culos-Reed, S. N., Faulkner, G. E., Friedenreich, C., Gauvin, L., Jones, J. M., Karvinen, K., Keats, M., McGowan, E., Rennie, H, Santa Mina, D., Fong, A. J., Tomasone, J., **Trinh, L.** (Co-I's). (2015-2020). Improving Physical Activity and Reducing Sedentary Behavior Among Breast Cancer Survivors: MOVING Research into Practice. Funding body: Canadian Breast Cancer Foundation-Ontario (CBCF) (Funding requested: \$378,859)

2. Santa Mina, D. & Sabiston, C. M. (Co-PI's); Matthew, A. G., Alibhai, S. M. H., Jones, J., Fleshner, N. E., Trachtenberg, J., Joshua, A., Faulkner, G., Catton, C., Ritvo, P., **Trinh, L.**, Dolan, L., Chang, E., Jurisica, I., Loblaw, A., Cheung, A. M., Ma, D., Krahn, M. (Co-I's). (2015-2020). GAP4 Prostate Cancer Exercise & Metabolic Health Project. Funding body: Movember Global Action Plan, 3 years (Total of \$8.8 million for multi-center global initiative)

3. **Trinh, L. (PI)**, McAuley, E., Kramer, A., & Rowland, K. (2015-2017). A Pilot, Randomized Controlled Trial Adding Behavioral Counseling to Supervised Physical Activity in Prostate Cancer Survivors. Funding body: Campus Research Board, University of Illinois at Urbana-Champaign (Funding requested: \$30,000)

*\*Award is designated as an Arnold O. Beckman Award. These selected awards are projects of special distinction or promise to receive this designation.*

4. **Trinh, L.** (PI), McAuley, E., & Motl, R. (2015-2016). Measurement of Physical Activity and Sedentary Behavior in Breast Cancer Survivors Versus Age-Matched Healthy Controls. Funding body: Internal Start-Up Funds, University of Illinois at Urbana-Champaign (Funding requested: \$5,000)
5. Courneya, K. S. (PI) & **Trinh, L. (Co-PI)** (2012-2013). Trying Activity For Kidney Cancer Survivors: TRACKS Trial. Funding body: President's Grant for the Creative and Performing Arts - Human Performance Scholarship Fund, University of Alberta (Funding requested: \$5,000)

## PENDING RESEARCH GRANTS

1. **Trinh, L. (Co-PI)**, Chalasani, P (Co-PI), Arthur, A., Madak-Erdogan, Z., Winston, K., & McAuley, E. (2017-2018). Lifestyle Factors, Cognitive Function and Biomarker Discovery in Breast Cancer Survivors. Carle Illinois Collaborative Research Seed Grant Funding Program (Funding requested: \$50,000; submitted April 30, 2017)
2. Vasundara, V., (PI), Klotz, L., Kiss, A., Guy, D., & **Trinh, L. (collaborator)**. (2017-2019). The Influence of Aerobic and Resistance Training on Prostate Cancer Progression in Men Undergoing Active Surveillance. Canada Research Society (Environment-Cancer Fund) (Funding requested: \$20,000; submitted February 16, 2017)

## UNFUNDED RESEARCH GRANTS

1. Faulkner, G. (Co-PI), **Trinh, L. (Co-PI)**, Bates, A., Campbell, K., & Sabiston, C.M. (2017-2019). Improving Return to Work Outcomes Among Breast Cancer Survivors: The Development of a Web- and Mobile-based Application to Reduce Sitting in the Workplace (RESUME Trial. CIHR Project Grant (Funding requested: \$260,000; submitted October 15, 2016)
2. Faulkner, G. E. (Co-PI), **Trinh, L. (Co-PI)**, Bates, A., Sabiston, C. M., Campbell, K. (2017-2019). Improving Return to Work Outcomes Among Breast Cancer Survivors: The Development of an Internet- and Mobile-based Application to Reduce Sitting in the Workplace (RESUME Trial). Canadian Breast Cancer Foundation (CBCF) (Funding requested: \$249,264; submitted December 15, 2016)
3. **Trinh, L. (PI)**, McAuley, E., Kramer, A. F., Shen, S., Rowland, K. (2017-2021). Aerobic and Strength Training, Cognition, and Brain Health in Aging Breast Cancer Survivors. National Institutes of Health (NIH)-R01 mechanism (Funding requested: \$2,927,137; resubmitted November 5, 2016)
4. Arthur, A. (PI), **Trinh, L., (Co-I)**, Grosse-Perdekamp, M., McAuley, E., Chapman-Novakofski, K. (2017-2018). Determining preferences for and level of comfort with technology-delivered nutrition and physical activity intervention programming for breast cancer survivors. Sackler Institute for Nutrition Science Research Fund (Funding requested: \$50,000; submitted September 30, 2016)
5. Arthur, A. (PI); **Trinh, L., (Co-I)**; Grosse-Perdekamp, M., Winston, K., McAuley, E., Chapman-Novakofski, K. (2016-2017). Counseling and Programming Preferences for a Combined Nutrition and Physical Activity Intervention for Breast Cancer Survivors. Carle Illinois Collaborative Research Funding Program (Funding requested: \$49,961; submitted April 20, 2016)

6. **Trinh, L., (PI)**; McAuley, E., Kramer, A. F., Rowland, K. (2016-2017). Feasibility of a Combined Aerobic and Strength Training Exercise Program for Cognitive Functioning in Breast Cancer Survivors. Carle Illinois Collaborative Research Funding Program (Funding requested: \$50,000; submitted April 20, 2016)

7. Faulkner, G. E., (PI); Sabiston, C. M. (Co-I), **Trinh, L.**, Jones, J., Santa-Mina, D., Campbell, K., Parkinson, M. (2016-2018). Targeting Sedentary Behavior Using a Mobile- and Web-based Application to Improve Quality of Life Among Breast Cancer Survivors Returning to the Workplace: *Stand in Sync!* Canadian Cancer Society Research Institute (CCSRI)-Quality of Life Research Grants (Funding requested: \$ 268,771; submitted November 1, 2015)

8. Faulkner, G. E., (PI); **Trinh, L. (Co-PI)**; Sabiston, C. M., Campbell, K., Parkinson, M., Boyle, T. (2016-2018). Improving Return to Work Outcomes Among Breast Cancer Survivors: The Development of an Internet- and Mobile-based Application to Reduce Sitting in the Workplace (RESUME Trial). Canadian Breast Cancer Foundation (CBCF)-BC/Yukon (Funding requested: \$248,764; submitted October 30, 2015)

## GRANT WRITING WORKSHOPS

1. Arthur, A. (Co-PI), **Trinh, L. (Co-PI)**, & Madak-Erdogan, Z. Lifestyle Behaviors, Inflammatory Biomarkers, and Cognitive Function Patterns during Treatment for Breast Cancer: A Prospective Cohort Study. Massachusetts General Hospital (MGH) Workshop on Research Methods in Supportive Oncology, January 22-27, 2017 (Boston, MA).

Description: Competitive workshop that is an intensive, multidisciplinary, 6-day workshop for early career investigators sponsored by National Cancer Institute.

## PUBLICATIONS

**Refereed Publications = 28**

**Book Chapters = 2**

**Refereed Abstracts = 10**

**Manuscripts Under Review = 3**

**Manuscripts in Preparation = 8**

**Non-refereed Publications = 2**

**Copyrighted Material = 2**

## REFEREED PUBLICATIONS (Total: 28)

1. Ehlers, D., **Trinh, L.**, & McAuley, M. (2016). The Intersection of Cancer and Aging: Implications for Physical Activity and Cardiorespiratory Fitness on Cognition. *Expert Review of Quality of Life in Cancer Care*, 1(5), 347-350.

2. **Trinh, L.**, Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2016). Social-Ecological Correlates of Physical Activity in Kidney Cancer Survivors. *Journal of Cancer Survivorship*, *10*(1), 164-175.
3. **Trinh, L.**, Amireault, S., Lacombe, J., & Sabiston, C. M. (2015). Physical and psychological health among breast cancer survivors: Interactions with sedentary behavior and physical activity. *Psycho-Oncology*, *24*(10), 1279-1285.
4. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. (2015). A qualitative study exploring the perceptions of sedentary behavior in men with prostate cancer on androgen deprivation therapy. *Oncology Nursing Forum*, *42*(4), 398-406.
5. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2015). Changes in motivational outcomes following a supervised physical activity program with behavioral counseling in kidney cancer survivors: A pilot study. *Psycho-Oncology*. doi: 10.1002/pon.3754
6. **Trinh, L.**, Wong, B., & Faulkner, G. E. (2015). The independent and interactive associations of screen time and physical activity on mental health, school connectedness and academic achievement among a population-based sample of youth. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, *24*(1), 17-24.
7. Courneya, K. S., McKenzie, D. C., Gelmon, K., Mackey, J. R., Reid, R. D., Yasui, Y., Friedenreich, C. M., Forbes, C. C., **Trinh, L.**, Jespersen, D., Cook, D., Proulx, C., Wooding, E., Dolan, L. B., & Segal, R. J. (2014). A multicenter randomized trial of the effects of exercise dose and type on psychosocial distress in breast cancer patients undergoing chemotherapy. *Cancer Epidemiology, Biomarkers & Prevention*, *23*(5), 857-864.
8. Courneya, K. S., Segal, R. J., Gelmon, K., Mackey, J. R., Friedenreich, C. M., Yasui, Y., Reid, R., D., Proulx, C., **Trinh, L.**, Dolan, L. B., Wooding, E., Vallerand, J. R., & McKenzie, D. C. (2014). Predictors of adherence to different types and doses of supervised exercise during breast cancer chemotherapy. *International Journal of Behavioral Nutrition and Physical Activity*, *11*(85). doi:10.1186/s12966-014-0085-0
9. Courneya, K. S., Segal, R. J., Mackey, J. R., Gelmon, K., Friedenreich, C. M., Yasui, Y., Reid, R. D., Jespersen, D., Cook, D., Proulx, C., **Trinh, L.**, Dolan, L. B., Wooding, E., Forbes, C. C., & McKenzie, D. C. (2014). Effects of exercise dose and type on sleep quality in breast cancer patients receiving chemotherapy: A multicenter randomized trial. *Breast Cancer Research and Treatment*, *144*(2), 361-369.
10. **Trinh, L.**, Mutrie, N., Campbell, A. M., Crawford, J. J., & Courneya, K. S. (2014). Effects of supervised exercise on motivational outcomes and exercise behavior in breast cancer survivors at five-year follow-up. *European Journal of Oncology Nursing*, *18*(6), 557-563.
11. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2014). Feasibility and preliminary efficacy of adding behavioral counseling to supervised physical activity in kidney cancer survivors: A randomized controlled trial. *Cancer Nursing*, *37*(5), 8-22.

12. Courneya, K. S., Forbes, C. C., **Trinh, L.**, Sellar, C. M., Friedenreich, C. M., & Reiman, T. (2013). Patient satisfaction with participation in a randomized exercise trial: Effects of randomization and usual care cross-over. *Clinical Trials*, *10*(6), 959-966.
13. Courneya, K. S., McKenzie, D. C., Mackey, J. R., Gelmon, K., Friedenreich, C. M., Yasui, Y., Reid, R. D., Cook, D., Proulx, C., Dolan, L. B., **Trinh, L.**, Wooding, E., Forbes, C. C., & Segal, R. J. (2013). Effects of exercise dose and type on during breast cancer chemotherapy: Multicenter randomized trial. *Journal of the National Cancer Institute*, *105*(23), 1821-1832.
14. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2013). Associations between sitting time and quality of life in a population-based sample of kidney cancer survivors. *Mental Health and Physical Activity*, *6*(1), 16-23.
15. Courneya, K. S., Sellar, C. M., **Trinh, L.**, Forbes, C. C., Stevinson, C., McNeely, M. L., Peddle-McIntyre, C. J., Friedenreich, C. M., & Reiman, T. (2012). A randomized trial of aerobic exercise and sleep quality in lymphoma patients receiving chemotherapy or no treatments. *Cancer Epidemiology, Biomarkers & Prevention*, *21*(6), 884-894.
16. Plotnikoff, R. C., Lubans, D. R., **Trinh, L.**, Craig, C. L. (2012). A 15-year longitudinal test of the theory of planned behavior to predict physical activity in a randomized national sample of Canadians adults. *Psychology of Sport & Exercise*, *13*(5), 521-527.
17. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2012) Correlates of physical activity in a population-based sample of kidney cancer survivors: An application of the theory of planned behavior. *International Journal of Behavioral Nutrition and Physical Activity*, *9*(96). doi:10.1186/1479-5868-9-96.
18. Plotnikoff, R. C., Lubans, D. R., Costigan, S. A., **Trinh, L.**, Spence, J. C., Downs, S., & McCarger, L. (2011). A test of the theory of planned behavior to explain physical activity in a large population sample of adolescents from Alberta, Canada. *Journal of Adolescent Health*, *49*(5), 547-549.
19. Plotnikoff, R. C., **Trinh, L.**, Courneya, K. S., Karunamuni, N., & Sigal, R. J. Predictors of physical activity in adults with type 2 diabetes. (2011). *American Journal of Health Behavior*, *35*(3), 359-370.
20. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2011). Physical activity preferences in a population-based sample of kidney cancer survivors. *Supportive Care in Cancer*, *20*(8), 1709-1717.
21. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2011). Associations between physical activity and quality of life in a population-based sample of kidney cancer survivors. *Cancer Epidemiology, Biomarkers & Prevention*, *20*(5), 859-868.
22. **Trinh, L.**, Wilson, R., William, H. M., Sum, A. J., & Naylor, P. J. (2011). Physicians step up: Feasibility of a physician-community partnership to promote physical activity using pedometers. *British Journal of Sports Medicine*, *46*(4), 284-290.

23. Plotnikoff, R. C., Lippke, S., **Trinh, L.**, Courneya, K. S., Birkett, N., & Sigal, R. J. (2010). Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. *British Journal of Health Psychology*, *15*(3), 643-661.
24. Plotnikoff, R. C., & **Trinh, L.** (2010). Protection motivation theory: Is this a worthwhile theory for physical activity promotion? *Exercise and Sport Sciences Reviews*, *38*(2), 91-98.
25. Plotnikoff, R. C., Rhodes, R. E., & **Trinh, L.** (2009) Protection motivation theory: A longitudinal test among a representative population sample of Canadian adults. *Journal of Health Psychology*, *14*(8), 1119-1134.
26. Plotnikoff, R. C., **Trinh, L.**, Courneya, K. S., Karunamuni, N., Sigal, R. J. (2009). Predictors of aerobic physical activity and resistance training among Canadian adults with type 2 diabetes: An application of the protection motivation theory. *Psychology of Sport and Exercise*, *10*(3), 320-328.
27. Plotnikoff, R. C., Courneya, K. S., **Trinh, L.**, Karunamuni, N., & Sigal, R. J. (2008). Aerobic physical activity and resistance training: An application of the theory of planned behavior among adults with type 2 diabetes in a random, national sample of Canadians. *International Journal of Behavioral Nutrition and Physical Activity*, *5*(61). doi:10.1186/1479-5868-5-61
28. **Trinh, L.**, Rhodes, R. E., & Ryan, S. M. (2008). Gender differences in belief-based targets for physical activity intervention among adolescents. *Social Behavior and Personality*, *36*(1), 77-86.

## BOOK CHAPTERS (Total: 2)

1. Courneya, K. S., Morielli, A. R., & **Trinh, L.** (2017). Exercise and cancer outcomes. In L.M. Bernardo and B.J. Becker (Eds.). *Integration of Physical Activity into Cancer Care*. Pittsburgh, PA. Oncology Nursing Society.
2. Faulkner, G. E., **Trinh, L.**, & Arbour-Nicitopoulos, K. P. (2015). Physical Activity and Mental Health. In P. R. E. Crocker (Ed.). *Sport and Exercise Psychology: A Canadian Perspective*, 3<sup>rd</sup> ed. Toronto, ON. Pearson Education Canada.

## REFEREED ABSTRACTS (Total: 10)

**Note:** Names of research trainees that I have supervised, mentored and/or co-supervised are underlined

1. Strom, D., Wong, J. N., Courneya, K. S., & **Trinh, L.** (2017). Associations Between Meeting Combined Exercise-Oncology Guidelines and Quality of Life in Kidney Cancer Survivors. *Annals of Behavioral Medicine Supplement*, *51*(Suppl. 1), S1830.
2. Wong, J. N., Courneya, K. S. & **Trinh, L.** (2017). Sleep Duration and Quality of Life in Kidney Cancer Survivors: Interactions with Sedentary Behavior. *Annals of Behavioral Medicine Supplement*, *51*(Suppl. 1), S2428.



3. Omran, J., **Trinh, L.**, Arbour-Nitcipoulos, K., Mitchell, M., & Faulkner, G. (2015). Do incentives promote action planning in a web-based walking intervention? *Journal of Exercise, Movement, and Sport*, 47(1), 211.
4. **Trinh, L.**, Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2015). Social-Ecological Correlates of Physical Activity in Kidney Cancer Survivors. *Annals of Behavioral Medicine*, 49(Suppl. 1), S222.
5. Lacombe, J., **Trinh, L.**, Ramanathan, S., Scarapicchia, T., Arbour-Nitcipoulos, K. P., & Faulkner, G. E. (2014). RISE@Work: The development and piloting of a web-based workplace intervention for reducing sitting everyday. *European Academy of Occupational Health Psychology, 11th Conference, Abstracts*.
6. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2014). Effects of supervised physical activity plus behavioral counseling on motivational outcomes in kidney cancer survivors: A pilot study. *Annals of Behavioral Medicine*, 47(Suppl. 1), S12.
7. Courneya, K. S., Segal, R. J., Mackey, J. R., Gelmon, K., Friedenreich, C. M., Yasui, Y., Reid, R. D., Jespersen, D., Cook, D., Proulx, C., **Trinh, L.**, Dolan, L. B., Wooding, E., Forbes, C. C., & McKenzie, D. C. (2014). Effects of exercise dose and type on sleep quality in breast cancer patients receiving chemotherapy: A multicenter randomized trial. *Psycho-Oncology*, 23(Suppl. 1), 26-3.
8. Courneya, K. S., McKenzie, D. C., Mackey, J. R., Gelmon, K., Friedenreich, C. M., Yasui, Y., Reid, R. D., Cook, D., Proulx, C., Dolan, L. B., Forbes, C. C., Wooding, E., **Trinh, L.**, & Segal, R. J. (2013). Effects of exercise dose and type during breast cancer chemotherapy: Multicenter randomized trial. *Cancer Research*, 73(Suppl. 24), PD2-6.
9. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2012). Understanding physical activity among kidney cancer survivors using the theory of planned behavior. *Medicine and Science in Sports and Exercise*, 44(Suppl. 5), S349.
10. **Trinh, L.**, Rhodes, R. E., & Ryan, S. (2007). Gender differences in belief-based markers for physical activity among adolescents. *Medicine and Science in Sports and Exercise*, 39(Suppl. 5), S339.

## MANUSCRIPTS UNDER REVIEW (Total: 3)

**Note:** Names of research trainees that I have supervised, mentored and/or co-supervised are underlined

1. **Trinh, L.**, Strom, D., Wong, J., & Courneya, K. S., (under review). Meeting Combined Exercise Guidelines and Quality of Life in Kidney Cancer Survivors. *Medicine & Science in Sports & Exercise*.
2. Omran, J., **Trinh, L.**, Arbour-Nitcipoulos, K., Mitchell, M., & Faulkner, G. (revise and resubmit; May 2017). Do incentives promote action planning in a web-based walking intervention? A randomized controlled trial. *Canadian Journal of Behavioral Science*.
3. Lacombe, J., Faulkner G. E., Jones, J. M., **Trinh, L.**, Sabiston, C. M. (under review). Profiling sedentary behavior in breast cancer survivors: Links with depression during the early survivorship period. *Psycho-Oncology*.

## MANUSCRIPTS IN PREPARATION (Total: 8)

**Note:** Names of research trainees that I have supervised, mentored and/or co-supervised are underlined

1. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. (in preparation). Profiling Sedentary Behavior in Prostate Cancer Survivors: Associations of Sedentary Behavior, Sedentary Bouts and Breaks in Sedentary Time with Health Outcomes.
2. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. (in preparation). RiseTx: Feasibility of a Web-based Application to Reduce Sitting Time among Prostate Cancer Survivors.
3. **Trinh, L.**, Faulkner G. E., Courneya, K. S., & Jones, J. M. (in preparation). Evaluation of a Physical Activity and Sedentary Behavior Guidebook for Kidney Cancer Survivors.
4. **Trinh, L.**, Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (in preparation). Social-Ecological Correlates of Sedentary Behavior in Kidney Cancer Survivors.
5. **Trinh, L.**, Roberts, S. A., Gibbons, T. McAuley, E. M., & Motl, R. W. (in preparation). Accelerometer Cut-Points for Physical Activity Assessment in Breast Cancer Survivors Versus Age-Matched Healthy Controls.
6. **Trinh, L.**, Roberts, S. A., Gibbons, T. McAuley, E. M., & Motl, R. W. (in preparation). Comparison of ActiGraph accelerometers with the normal filter and the low frequency extension in Breast Cancer Survivors Versus Age-Matched Healthy Controls.
7. **Trinh, L.**, Roberts, S. A., Gibbons, T. McAuley, E. M., & Motl, R. W. (in preparation). Agreement of ActivPAL and ActiGraph for Assessing Sedentary Time among Breast Cancer Survivors in Free-Living Environments in Breast Cancer Survivors.
8. Wong, J. N. & **Trinh, L.** (in preparation). Physical Activity Programming and Counseling Preferences in Cancer Survivors: A Systematic Review.

## NON-REFEREED PUBLICATIONS (Total: 2)

1. **Trinh, L.** (2014, March). The Hazards of Sitting: Don't Let Your Chair Chain You Down. *Impact Magazine*, March/April 2014. Retrieved from
2. **Trinh, L.** (2014, April 19). Sedentary Behavior is Detrimental to Your Health and Well-Being. *MingPao Newspaper Saturday Supplement*, 975, 20-22.

## COPYRIGHTED MATERIALS (Total: 2)

1. **Trinh, L.**, Faulkner, G. E., Courneya, K. S., & Jones, J. M. (2017). *Soyez actifs*,

*bougez davantage! Guide d'exercice pour les survivants du cancer du rein.* University of Toronto, Faculty of Kinesiology and Physical Education, Toronto, Ontario, Canada.

2. **Trinh, L.**, Faulkner, G. E., Courneya, K. S., & Jones, J. M. (2016). *Get Active, Sit Less! Exercise Guidebook for Kidney Cancer Survivors.* University of Toronto, Faculty of Kinesiology and Physical Education, Toronto, Ontario, Canada.

## PRESENTATIONS

**Refereed Conference Presentations = 23**

**Invited Presentations = 22**

## REFEREED CONFERENCE PRESENTATIONS (Total: 23)

**Note:** Names of research trainees that I have supervised, mentored and/or co-supervised are underlined

1. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. RiseTx: Testing the feasibility of a web application for reducing sitting during treatment for prostate cancer. *Poster presentation at the ISBNPA 2017 Annual Meeting, Victoria, BC on June 8, 2017.*

2. Mullen, S. P., Bullard, T., An, R., **Trinh, L.**, & Mackenzie, M. A Call for a Precision Behavioral Medicine Perspective in Physical Activity Promotion and Maintenance. *Poster presentation at the ISBNPA 2017 Annual Meeting, Victoria, BC in June 2017.*

3. Strom, D., **Trinh, L.** & Courneya, K. S. Associations Between Meeting Combined Exercise-Oncology Guidelines and Quality of Life in Kidney Cancer Survivors. *Poster presentation at the Society of Behavioral Medicine 38th Annual Meeting, San Diego, CA on March 31, 2017.*

4. Wong, J. N., **Trinh, L.** & Courneya, K. S. (in press). Sleep Duration and Quality of Life in Kidney Cancer Survivors: Interactions with Sedentary Behavior. *Poster presentation at the Society of Behavioral Medicine 38th Annual Meeting, San Diego, CA on April 1, 2017.*

5. Cohen, J., **Trinh, L.**, Kramer, A. F., McAuley, E., & Mullen, S. P. Prior Cancer Diagnosis Associated with Lower Adherence and Physical Activity in an RCT involving Cognitive Training Designed to Increase Exercise Adherence. *Poster presentation at the Annual Meeting of the American Society of Preventive Oncology in Seattle, WA in March 2017.*

6. **Trinh, L.**, Faulkner, G. E., Courneya, K. S., & Jones, J. M. Development and Assessment of a Physical Activity and Sedentary Behavior Guidebook for Kidney Cancer Survivors. *Poster presentation at the Society of Behavioral Medicine 37<sup>th</sup> Annual Meeting, Washington, D.C. on April 1, 2016.*

7. **Trinh, L.**, Rosenberg, D. E., Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. Patterns of Sedentary Behavior and Quality of Life among Men on Androgen Deprivation Therapy (ADT) for Prostate Cancer. *Poster presentation at the Society of Behavioral Medicine 37<sup>th</sup> Annual Meeting, Washington, D.C. on March 31, 2016.*

8. **Trinh, L.**, Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. Demographic, Medical, and Environmental Correlates of Sedentary Behavior in Kidney Cancer Survivors. *Poster presentation at the American Society of Preventive Oncology (ASPO) 40<sup>th</sup> Annual Meeting, Columbus, Ohio on March 14, 2016.*
9. Omran, J., **Trinh, L.**, Arbour-Nicitopoulos, K. P., Mitchell, M. & Faulkner, G. E. A Randomized Study Investigating the Effect of Incentives to Promote Action Planning Using a Web-based Workplace Walking Intervention: RISE@Work. Poster presentation at the *Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, Edmonton, AB on October 16, 2015.*
10. **Trinh, L.**, Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. Social-Ecological Correlates of Physical Activity in Kidney Cancer Survivors. *Oral presentation at the Society of Behavioral Medicine's 36<sup>th</sup> Annual Meeting 2015, San Antonio, TX on April 25, 2015.*
11. **Trinh, L.** *Development and Assessment of a Physical Activity and Sedentary Behavior Guidebook for Kidney Cancer Survivors. Oral presentation to kidney cancer survivors, healthcare professionals, and clinicians at the 6<sup>th</sup> Annual Canadian Kidney Cancer Forum, Toronto, ON on February 7, 2015.*
12. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. A Feasibility Study Examining the Effectiveness of a Mobile Intervention for Reducing Sitting Time in Prostate Cancer Survivors: RiseTx. *Symposium presentation (oral) at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, London, ON on October 17, 2014.*
13. Lacombe, J., **Trinh, L.**, & Sabiston, C. M. Associations Between Psychological Health and Sedentary Behavior Among Breast Cancer Survivors. *Oral presentation at the 75<sup>th</sup> annual Canadian Psychological Association Convention, Vancouver, BC on June 6, 2014.*
14. **Trinh, L.**, Lacombe, J., Amireault, S., & Sabiston, C. M. Physical and Psychological Health Among Breast Cancer Survivors: Interactions With Sedentary Behavior and Physical Activity. *Poster presentation at Public Health 2014, Toronto, ON on May 26, 2014.*
15. Lacombe, J., **Trinh, L.**, & Sabiston, C.M. Examining Mental Health Variables as Predictors of Sedentary Behavior in Breast Cancer Survivors. *Oral presentation at the Annual Bodies of Knowledge Conference (BOK) in Toronto, ON on May 9, 2014.*
16. **Trinh, L.**, Arbour-Nicitopoulos, K. P., Sabiston, C. M., Alibhai, S. M. H., Jones, J. M., Berry, S. R., Loblaw, A., & Faulkner, G. E. Perceptions of a Mobile Intervention for Reducing Sitting Time in Prostate Cancer Survivors: RiseTx. *Poster presentation at the Society of Behavioral Medicine's 35<sup>th</sup> Annual Meeting 2014, Philadelphia, PA on April 25, 2014.*
17. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. Effects of Supervised Physical Activity Plus Behavioral Counseling on Motivational Outcomes in Kidney Cancer Survivors: A Pilot Study. *Poster presentation at the Society of Behavioral Medicine's 35<sup>th</sup> Annual Meeting 2014, Philadelphia, PA on April 23, 2014.*
18. Lacombe, J., **Trinh, L.**, Ramanathan, S., Scarapicchia, T., Arbour-Nicitopoulos, K. P., & Faulkner, G. E. RISE@Work: The Development and Piloting of a Web-based Workplace Intervention for

Reducing Sitting Everyday. *Oral presentation at the 11th Conference of the European Academy of Occupational Health Psychology (EAOHP), London, UK on April 14, 2014.*

19. Lacombe, J., **Trinh, L.**, & Sabiston, C.M. Can Reducing Time Spent Sedentary Improve Psychological Health in a Sample of Breast Cancer Survivors? *Oral presentation at the 18<sup>th</sup> Annual Eastern Canada Sport and Exercise Psychology Symposium, Toronto, ON on March 22, 2014.*

20. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. Understanding Physical Activity Among Kidney Cancer Survivors Using the Theory of Planned Behavior. *Presented at the American College of Sports Medicine 59<sup>th</sup> Annual Meeting 2012, San Francisco, CA in May 2012.*

21. **Trinh, L.**, Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. Associations between physical activity and quality of life in a population-based sample of kidney cancer survivors. *Poster presentation at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) 2011 Annual Meeting, Melbourne, Australia in June 2011.*

22. **Trinh, L.**, Plotnikoff, R. C., Courneya, K. S., & Karunamuni, N. Physical Activity and Diabetes: A Test of the Integration of Perceived Environmental Factors and the Theory of Planned Behavior (TPB). *Poster presentation at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) 2008 Annual Meeting, Banff, AB in May 2008.*

23. **Trinh, L.**, Rhodes, R. E., & Ryan, S. M. (2006). Gender differences in belief-based markers for physical activity among adolescents. *Poster presentation at the American College of Sports Medicine (ACSM) 54th Annual Meeting, New Orleans, LA in May 2007.*

## **INVITED PRESENTATIONS (Total: 22)**

1. **Trinh, L.** *Physical Activity and Cancer* (Invited Speaker, June 2017). Presentation to cancer survivors, caregivers, and clinicians at the 3<sup>rd</sup> Annual Cancer Survivors Retreat, Carle Cancer Center, Monticello, IL.

2. **Trinh, L.** (Guest Lecturer, November 2016). Physical Activity and Sedentary Behavior in Cancer Survivorship. Cancer Scholars Program. Department of Bioengineering at the University of Illinois at Urbana-Champaign, Urbana, IL.

3. **Trinh, L.** (Guest Speaker, October 2016). Exercise and Diet. It's a Wrap Party. Carle Center for Philanthropy. Urbana, IL.

4. **Trinh, L.** (Guest Lecturer, September 2016). *Behind the Scenes: Exercise Oncology Laboratory*. Presentation to undergraduate students in the Orientation Kinesiology and Community Health course (KIN 125) in the Department of Kinesiology and Community Health at the University of Illinois at Urbana-Champaign, Urbana, IL.

5. **Trinh, L.**, & Roberts, S. R. *Physical Activity and Cancer* (Invited Speaker, May 2016). Presentation to cancer survivors, caregivers, and clinicians at the 2<sup>nd</sup> Annual Cancer Survivors Retreat, Carle Cancer Center, Monticello, IL.

6. **Trinh, L.** (Invited Speaker, March 2016). *Exercise Guidebook for Kidney Cancer Survivors*. Presentation to kidney cancer survivors, caregivers, healthcare professionals, and clinicians at the 7<sup>th</sup> Annual Canadian Kidney Cancer Forum, Toronto, ON.
7. **Trinh, L.** (Guest Lecturer, December 2015). *Physical Activity and Cancer Survivorship*. Presentation to undergraduate students in the Physical Activity and Health course (KIN 122) in the Department of Kinesiology and Community Health at the University of Illinois at Urbana-Champaign, Urbana, IL.
8. **Trinh, L.** (Invited Speaker, October 2015). *Physical Activity and Cancer Survivorship*. Presentation to healthcare professionals and clinicians at the Carle Cancer Research Update Meeting, Carle Cancer Center, Urbana, IL.
9. **Trinh, L.** (Invited Speaker, February 2015). *Development and Assessment of a Physical Activity and Sedentary Behavior Guidebook for Kidney Cancer Survivors*. Presentation to kidney cancer survivors, healthcare professionals, and clinicians in the Survivorship Session at the 6<sup>th</sup> Annual Canadian Kidney Cancer Forum, Toronto, ON.
10. **Trinh, L.** (Guest Lecturer, October 2014). *Developing Theory-Based Interventions in Physical Activity Research: Physical Activity and Health for Kidney Cancer Survivors*. Presentation to graduate students in the Current Issues in Exercise Psychology course (EXS 5513) in the Faculty of Kinesiology and Physical Education at the University of Toronto, Toronto, ON.
11. **Trinh, L.** (Guest Lecturer, July 2014). *Physical Activity and Sedentary Behavior in Cancer Survivorship*. Presentation to undergraduate students in the Undergraduate Research Opportunity Program (UROP) in the Faculty of Kinesiology and Physical Education at the University of Toronto, Toronto, ON.
12. **Trinh, L.** (Guest Lecturer, March 2014). *Don't Take Cancer Lying Down! Physical Activity and Sedentary Behavior in Cancer Survivorship*. Presentation to undergraduate students in the Advanced Exercise Psychology course (KPE 330) in the Faculty of Kinesiology and Physical Education at the University of Toronto, Toronto, ON.
13. **Trinh, L.** (Invited Speaker, March 2014). *Standing Up for Health: Increasing Physical Activity and Reducing Sedentary Behavior in Kidney Cancer Survivors*. Presentation to kidney cancer patients and clinicians at the 5<sup>th</sup> Annual Kidney Cancer Canada Patient Education Conference, Toronto, ON.
14. **Trinh, L.** (Invited Speaker, January 2014). *Physical Activity and Health for Kidney Cancer Survivors*. Presentation to kidney cancer survivors, healthcare professionals, and clinicians at the 5<sup>th</sup> Annual Canadian Kidney Cancer Forum, Toronto, ON.
15. Faulkner, G. & **Trinh, L.** (Invited Speakers, November 2013). *Sedentary Behavior: Implications for Prostate Cancer Patients and Survivors*. Presentation to patients, survivors, and caregivers at Prostate Cancer Canada, Toronto, ON.
16. **Trinh, L.** (Guest Lecturer, October 2013). *Physical Activity and Health for Kidney Cancer Survivors*. Presentation to graduate students in the Current Issues in Exercise Psychology course (EXS 5513) in the Faculty of Kinesiology and Physical Education at the University of Toronto, Toronto, ON.

17. **Trinh, L.** (Guest Lecturer, May 2013). *Complementing Cancer Treatment with Physical Activity*. Presentation to undergraduate students in the Behavioral Medicine course (HE ED 221) in the Faculty of Physical Education and Recreation at the University of Alberta, Edmonton, AB.
18. **Trinh, L.** (Guest Lecturer, May 2012). *Developing Theory-Based Interventions in Physical Activity Research*. Presentation to undergraduate students in the Behavioral Medicine course (HE ED 221) in the Faculty of Physical Education and Recreation at the University of Alberta, Edmonton, AB.
19. **Trinh, L.** (Guest Lecturer, March 2012). *Associations Between Physical Activity and Quality of Life in Kidney Cancer Survivors*. Presentation to undergraduate students in the Research Methods in Kinesiology course (PEDS 409) in the Faculty of Physical Education and Recreation at the University of Alberta, Edmonton, AB.
20. **Trinh, L.** (Guest Lecturer, April 2009). *Physical Activity and Type II Diabetes*. Presentation to fellow graduate students and faculty members in the Behavioral Medicine Group in the Faculty of Physical Education and Recreation at the University of Alberta, Edmonton, AB.
21. **Trinh, L.** (Guest Lecturer, January 2008). *Health Behavior Change Theories*. Presentation to undergraduate students in the Personal Health and Well-being course (HE ED 110) in the Faculty of Physical Education & Recreation at the University of Alberta, Edmonton, AB.
22. **Trinh, L.** (Guest Lecturer, January 2007). *Introduction to Statistical Methods*. Presentation to undergraduate students in the Sport Psychology course (PE 348) in the School of Exercise Science, Physical & Health Education at the University of Victoria, Victoria, BC.

## TEACHING EXPERIENCE

Term	Course	Role	# of Students
<b>University of Illinois at Urbana-Champaign</b>			
Fall 2016	KIN 494 Special Topics in Exercise Oncology (Mixed Undergrad/Grad)	Primary instructor	15
Fall 2016	KIN 140 Social Science of Human Movement	Primary instructor	134
Spring 2016, 2017 Fall 2016	KIN 385 Experience in Kinesiology Research	Primary advisor	3
Spring 2016, 2017	KIN 444 Physical Activity Epidemiology (Mixed Undergrad/Grad)	Primary instructor	12 (2016) 15 (2017)
Fall 2015	KIN 494 Special Topics in Exercise Oncology (Mixed Undergrad/Grad) *List of Teachers Ranked as Excellent by Their Students was based on this course	Primary instructor	16
<b>University of Toronto</b>			
Fall 2013, 2014	EXS 5515 Quantitative Research Methods in Physical Activity and Health (Graduate Level)	Teaching assistant	17
<b>University of Alberta</b>			
Spring 2013	HE ED 221 Behavioral Medicine (Undergraduate Level)	1-week guest lecturer (2 classes)	8
Winter 2008	PEDS 303 Sport Psychology (Undergraduate Level)	Teaching assistant	60
Winter 2008	HE ED 110 Personal Health & Well-Being (Undergraduate Level)	2-week instructor (6 classes)	200
Fall 2007 Winter 2008	HE ED 110 Personal Health & Well-Being (Undergraduate Level)	Teaching assistant	200
<b>University of Victoria</b>			
Fall 2006 Winter 2007	EPHE 241B Introduction to Human Systemic Physiology (Undergraduate Level)	Laboratory instructor	10
Fall 2005, 2006 Winter 2006, 2007	EPHE 360 Exercise Prescription (Undergraduate Level)	Laboratory instructor	15
Fall 2005, 2006 Winter 2006, 2007	EPHE 348 Psychology of Physical Activity (Undergrad)	Laboratory instructor	20



## TEACHING WORKSHOPS

1. Junior Faculty Seminar Series: Best Practices for Effective and Efficient Teaching, Center for Innovation in Teaching & Learning (CITL), University of Illinois at Urbana-Champaign (September 2015-present)

- “I wish I had known that earlier”- Using Informal (IEF) and Formal (ICES) Feedback to Improve Teaching and Learning
- “Opening the Classroom Door” – Opportunities to Observe Exemplary Teachers
- Active Teaching = Active Learning: Strategies for Deep Learning and Retention
- Improve Testing and Grading of Student Learning
- Creating a “Promising” Syllabus to Motivate Learning
- Writing a Teaching Philosophy Statement that Reflects Your Teaching
- Creating Effective Team Assignments and Student Teams: What, How, and Why
- Applying Principles of Universal Design (UD) to Bring Out the Best in Our Students
- Enhancing Teaching – Is that sufficient? The Critical Role of Students in Their Own Learning
- Effective Questioning Strategies to Improve Student Engagement and Critical Thinking
- Maximizing Learning Opportunities in a Multicultural Classroom
- Turning Teaching on its Head
- Enabling Students to think Critically and Problem-Solve Creatively

2. 2017 Annual Faculty Retreat, The Power of Engagement: Igniting Students’ Passion for Learning, University of Illinois at Urbana-Champaign (March 2017)

3. Department of Kinesiology and Community Health Teaching Retreat, University of Illinois at Urbana-Champaign (January 2016)

4. College of Applied Health Sciences Teaching Academic Retreat, University of Illinois at Urbana-Champaign (August 2015)

## GRADUATE STUDENT SUPERVISION

Jaime Wong, MSc. Candidate-Department of Kinesiology and Community Health at Urbana-Champaign, Urbana, IL, USA (September 2016-present; primary supervisor)

Dominick Strom, MSc. Candidate-Department of Kinesiology and Community Health at Urbana-Champaign, Urbana, IL, USA (December 2016-present; primary supervisor)

## SUPERVISORY ACTIVITIES

***Supervisor for Alexis Whitehorn, Senior student (KIN 385: Experience in Kinesiology Research Course)***—University of Illinois at Urbana-Champaign, Department of Kinesiology and Community Health, Urbana, IL, USA (January 2017-present)

- Provide supervision on his research experience in the Exercise Oncology Laboratory (EOL) in physical activity and cancer survivorship through cross-sectional studies to randomized controlled trials

- Responsibilities include: data collection, organization, and processing; functional and exercise fitness testing; exercise supervision in intervention studies; and assisting with literature reviews, manuscript preparation, and institutional review board applications
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Supervisor for Waleed Aldadah, Senior student (KIN 385: Experience in Kinesiology Research Course)***—University of Illinois at Urbana-Champaign, Department of Kinesiology and Community Health, Urbana, IL, USA (June 2016-present)

- Provide supervision on his research experience in the Exercise Oncology Laboratory (EOL) in physical activity and cancer survivorship through cross-sectional studies to randomized controlled trials
- Responsibilities include: data collection, organization, and processing; functional and exercise fitness testing; exercise supervision in intervention studies; and assisting with literature reviews, manuscript preparation, and institutional review board applications
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Supervisor for Samantha Gibbons, Junior student (KIN 385: Experience in Kinesiology Research Course)***—University of Illinois at Urbana-Champaign, Department of Kinesiology and Community Health, Urbana, IL, USA (January 2016-present)

- Provide supervision on her research experience in the Exercise Oncology Laboratory (EOL) in physical activity and cancer survivorship through cross-sectional studies to randomized controlled trials
- Responsibilities include: data collection and organization; functional and exercise fitness testing; and assisting with literature reviews
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Supervisor for Ashley Raeshler, Sophomore student (James Scholar Honors Project)***—University of Illinois at Urbana-Champaign, Department of Kinesiology and Community Health, Urbana, IL, USA (September 2016-December 2016)

- Provide supervision on her literature review on the effects of exercise for quality of life in breast cancer survivors
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Supervisor for Michelle Wilson, Senior student (KIN 385: Experience in Kinesiology Research Course)***—University of Illinois at Urbana-Champaign, Department of Kinesiology and Community Health, Urbana, IL, USA (January 2016-May 2016)

- Provide supervision on her research experience in the Exercise Oncology Laboratory (EOL) in physical activity and cancer survivorship through cross-sectional studies to randomized controlled trials
- Responsibilities include: data collection, organization, and processing; functional and exercise fitness testing; exercise supervision in intervention studies; and assisting with literature reviews, manuscript preparation, and institutional review board applications
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Co-Supervisor for Joanna Goulas, 4<sup>th</sup> year undergraduate student (KPE 490: Advanced Research Course)***—University of Toronto, Faculty of Kinesiology & Physical Education, Toronto, ON, Canada (September 2014-April 2015); Primary supervisor: Dr. Guy Faulkner

- Provide co-supervision on her independent directed research study examining physical activity participation and preferences among female university students using a qualitative approach.
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Co-Supervisor for Joanna Goulas, 4<sup>th</sup> year undergraduate student (KPE 390: Directed Research Course)***—University of Toronto, Faculty of Kinesiology & Physical Education, Toronto, ON, Canada (September 2013-April 2014); Primary supervisor: Dr. Guy Faulkner

- Provide co-supervision on her independent directed research study examining the efficacy of a non-profit organization, Blu Matter, dedicated to improving the lives of young people living with bi-polar and depressive disorders through the practice of yoga
- Conduct weekly meetings with the student to discuss progress toward the project goal

***Co-Supervisor for Jason Lacombe, Master's candidate (EXS 7002: Directed Research Project in Exercise Sciences)***—University of Toronto, Faculty of Kinesiology & Physical Education, Toronto, ON, Canada (September 2013-December 2013); Primary supervisor: Dr. Guy Faulkner

- Provide co-supervision on his independent directed research study examining an intervention based on a web-based application for reducing sitting time among sedentary office-based workers (Reducing Sitting Everyday: RISE@Work)
- Conduct weekly meetings with the student to discuss progress toward the project goal

## ACADEMIC MENTORSHIP

***Mentor for David Guy, BSc Honours Candidate***—University of Waterloo, Department of Kinesiology, Waterloo, ON, Canada (September 2014-December 2014)

- Provide academic mentorship to an undergraduate student on a co-operative education term at the Odette Cancer Center at Sunnybrook Health Sciences examining community-based exercise interventions for prostate cancer survivors.
- Provide guidance in grant writing and submission of a feasibility study entitled “Safety, Feasibility and Efficacy of Nordic Pole Walking in Men on Androgen Deprivation Therapy for Prostate Cancer” (to be submitted to Ride for Dad-Ride for Prostate Cancer and ACURA Uro-Oncologic Radiation Awards)

***Mentor for Jennifer Crawford, PhD Candidate***—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada (May 2013-August 2013)

- Provided academic mentorship to a PhD student in examining the motivational outcomes of a supervised group exercise program for breast cancer survivors
- Guided the student through statistical analyses, evaluation, and manuscript writing
- Conducted bi-weekly meetings with the student to discuss progress toward the project goal

## SUPERVISORY COMMITTEE

Hsieh, K. (2016-present). Predictors and Consequences of Mobility in Cancer Survivors. Unpublished PhD Dissertation, Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL, USA.

Awick, E. (2016-2017). Exercise Duration for Cognitive Health in Breast Cancer Survivors. Unpublished PhD Dissertation, Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL, USA.

Lacombe, J. (2013-2015). Sedentary Behavior Profiling Among Breast Cancer Survivors: Links to Depression, Fatigue, and Pain. Unpublished Master's Thesis, Faculty of Kinesiology & Physical Education, University of Toronto, Toronto, ON, Canada.

## SERVICE SUMMARY

1. Member, Search Committee (Exercise Psychology); Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign (September 2016-March 2017)
2. Member, Research Committee; Faculty of Kinesiology and Physical Education, University of Toronto (January 2015-July 2015)
3. Expert reviewer; Canadian Exercise Guidelines for Cancer Survivors; A Quality Initiative of the Program in Evidence-Based Care (PEBC), Cancer Care Ontario, Toronto, Ontario (June 2015)

## GRANTING AGENCY REVIEWER

1. Mitacs Accelerate Program, University of British Columbia, Vancouver, British Columbia, Canada

## CONFERENCE SESSION CHAIR/MODERATOR

1. Phillips, S. M. & Trinh, L. (Co-chairs). Exercise in Cancer Survivors (Paper Session). Society of Behavioral Medicine's 36th Annual Meeting 2015, San Antonio, TX on April 24, 2015.

## RESEARCH EXPERIENCE

**Research Co-ordinator in the Health and Exercise Psychology Unit**—University of Toronto, Faculty of Kinesiology and Physical Education, Toronto, ON, Canada (September 2013 to August 2015)

**Duties:** Responsibilities include developing and piloting a web-based application for reducing sitting time among sedentary office-based workers (Reducing Sitting Everyday: RISE@Work); developing and piloting a mobile application for reducing sitting time among prostate cancer survivors (Reducing Sitting Everyday for Treatment: RISE For Tx); providing academic mentorship to graduate students and research staff, and leading and co-authoring various manuscripts related to the projects.

**Senior Research Assistant in the Behavioral Medicine Laboratory**—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada (April 2013 to August 2013)

**Duties:** Responsibilities include academic mentorship of graduate students and research staff, leading and co-authoring various manuscripts from the Healthy Exercise for Lymphoma Patients (HELP) trial, the Combined Aerobic and Resistance Exercise (CARE) trial among breast cancer survivors, and a randomized controlled trial examining a supervised group exercise program for breast cancer survivors in the United Kingdom.

***Physical Activity Consultant***—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada /Cross Cancer Institute, Edmonton, AB, Canada (September 2009 to August 2013)

***Duties:*** Responsible for study co-ordination, delivering supervised exercise sessions and behavioral support sessions, developing intervention materials, aerobic and physical function exercise testing, and training and supervision of interventionists in the Colon Health and Life-Long Exercise Change (CHALLENGE) trial, which is a 3-year physical activity intervention on disease-free survival in patients with colon cancer.

***Research Co-ordinator for Trying Activity in Kidney Cancer Survivors (TRACKS) Trial***—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada (January 2012-December 2012)

***Duties:*** Responsible for study co-ordination, study recruitment, database management, statistical analyses, manuscript writing, dissemination of research findings, developing recruitment and intervention materials, delivering supervised exercise sessions and behavioral support sessions, aerobic and physical function exercise testing, and training and supervision of interventionists.

***Research Assistant for Dr. Kerry Courneya***—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada (September 2009 to March 2013)

***Duties:*** Responsible for assisting with a randomized controlled trial examining a Combined Aerobic and Resistance Exercise (CARE) program among breast cancer survivors receiving chemotherapy (i.e., supervision and monitoring of breast cancer survivors throughout the exercise program, conducting fitness testing measures such as aerobic fitness and muscular strength/endurance). Also responsible for assisting with the Breast Cancer and Exercise Trial in Alberta (BETA Trial). The BETA Trial is a randomized controlled exercise intervention trial examining the effects of a high volume (300 minutes per week) versus moderate volume (150 minutes per week) aerobic exercise on breast cancer risk among postmenopausal women.

***Behavioral Medicine Group (BMG) Member***—University of Alberta, Faculty of Physical Education and Recreation, Edmonton, AB, Canada (September 2007 to April 2013)

***Duties:*** Attending monthly meetings with the purpose of disseminating innovative research from staff and students in various disciplines related to behavioral medicine and physical activity.

***Research Assistant for Dr. Ron Plotnikoff***—University of Alberta, Faculty of Physical Education & Recreation, Edmonton, AB, Canada (September 2007 to December 2009)

***Duties:*** Responsible for acquisition of data, data analysis and interpretation related to social cognitive models (i.e., Theory of Planned Behavior, Protection Motivation Theory), type II diabetes, and physical activity. Also, responsible for drafting and revising various manuscripts critically for important intellectual content.

***Research Assistant for Dr. Patti-Jean Naylor***—University of Victoria, School of Exercise Science, Physical & Health Education, Victoria, BC, Canada (May 2006 to September 2006)

***Duties:*** Responsible for data collection, statistical analysis, and manuscript writing with the British Columbia Recreation and Parks Association (BCRPA) Pedometer Pilot Project. The purpose of the pilot project was to increase physical activity levels among project participants by employing a physician and community physical activity intervention. Also responsible for data entry of children's daily fruit and vegetable consumption with Action Schools! BC—Healthy Eating. The purpose of this project was to examine the effectiveness of the Action Schools! BC model in increasing awareness and consumption of fruit and vegetables.

**Research Assistant for Dr. Larry Wolfe**—Queen’s University, School of Physical and Health Education, Kingston, ON, Canada (September 2004 to April 2005)

Duties: Responsible for assisting Dr. Larry Wolfe and his graduate students with their research, analyzing blood samples, data analysis, subject recruitment related to the field of prenatal fitness, as well as conducting prenatal fitness classes.

## PROFESSIONAL EXPERIENCE

**Personal Trainer**—Queen’s University, The Fitness and Lifestyle Center, Kingston, ON. Canada (September 2003 to April 2004)

Duties: Responsible for educating clients about their current fitness levels, motivating clients to adhere to the exercise program prescribed, and communicating relevant information to clients related to fitness theory.

**Volunteer Co-ordinator**—The Women’s Center, Kingston, ON, Canada (September 2002 to March 2003)

Duties: The Women’s Center functions as a safe space for women and their allies within the Kingston community. I was responsible for training, supervising, and recruiting new volunteers to help maintain the Center’s positive and friendly atmosphere. Volunteers also provided empowerment and support to the public to foster greater community, health and well-being among women.

**Administrative Co-ordinator**—The Women’s Center, Kingston, ON, Canada (September 2001 to April 2002)

Duties: Conducted weekly meetings with the volunteers and executive team to discuss ideas for fighting gender oppression and advocating for gender empowerment. I was responsible for maintaining and organizing the resource library, and the daily operation of the Center.

## JOURNAL PEER-REVIEWER

- BMC Cancer (2017-present)
- International Review of Sport and Exercise Psychology (2017-present)
- Current Urology (2016-present)
- Women and Health (2016-present)
- Journal of Cancer Survivorship (2016-present)
- Psycho-Oncology (2016-present)
- Pediatric Exercise Science (2015-present)
- BMC Urology (2015-present)
- European Journal of Cancer Care (2015-present)
- Journal of Science and Medicine in Sport (2015-present)
- Supportive Care in Cancer (2014-present)
- Family Practice (2014-present)
- Implementation Science (2013-present)
- British Medical Journal (BMJ) (2010-present)
- Health Education Research (HER) (2007-present)
- Journal of Physical Activity and Health (JPAH) (2007-present)

## **QUALIFICATIONS**

- Canadian Society for Exercise Physiologists-Certified Personal Trainer (CSEP-CPT)
- Standard First Aid Certification-Canadian Red Cross
- CPR/AED Level C Certification-Heart & Stroke Foundation

## **PROFESSIONAL ORGANIZATION MEMBER**

- SHAPE America (2015-present)
- Canadian Cancer Survivorship Research Consortium (2014-present)
- Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) (2014-present)
- Society of Behavioral Medicine (SBM) (2013-present)
- Kidney Cancer Research Network of Canada (2013-present)
- Canadian Society for Exercise Physiologists (CSEP) (2010-present)
- Sedentary Behavior Research Network (SBRN) (2012-present)
- American College of Sports Medicine (ACSM) (2012-2013)